

# Stephanie Anzman-Frasca, Ph.D.

## Associate Professor of Pediatrics, Division of Behavioral Medicine

Updated 01/06/23

Jacobs School of Medicine and Biomedical Sciences  
University at Buffalo  
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### EDUCATION

- Ph.D. Human Development and Family Studies  
The Pennsylvania State University, August 2011  
Concentrations: child development, research methods  
*Thesis: A multi-method investigation of infant behavioral states and weight status*  
Mentor: Dr. Leann L. Birch
- M.S. Human Development and Family Studies  
The Pennsylvania State University, May 2008  
*Thesis: Inhibitory control predicts weight gain and overweight in a longitudinal study of girls*  
Mentor: Dr. Leann L. Birch
- B.A. Psychology, French  
Bucknell University, May 2006  
Summa cum laude, Honors in Psychology, Phi Beta Kappa  
*Thesis: An investigation of relationships between flavor-flavor learning, dietary restraint, and dieting*  
Mentor: Dr. Kevin P. Myers

### PROFESSIONAL APPOINTMENTS

- 2021- Associate Professor, Department of Pediatrics, Jacobs School of Medicine and Biomedical Sciences, University at Buffalo, Buffalo, NY  
*Affiliated Faculty, Department of Community Health and Health Behavior, School of Public Health and Health Professions, and Department of Psychology, College of Arts and Sciences*
- 2019- Associate Director, Center for Ingestive Behavior Research, University at Buffalo, Buffalo, NY
- 2015- Assistant Professor, Department of Pediatrics, Jacobs School of Medicine and Biomedical Sciences, University at Buffalo, Buffalo, NY

- 2013-2015 Adjunct Instructor, Friedman School of Nutrition Science and Policy, Tufts University, Boston, MA
- 2012-2015 Research Associate, Friedman School of Nutrition Science and Policy, Tufts University, Boston, MA
- 2011-2012 Postdoctoral Scholar, the Center for Childhood Obesity Research, the Pennsylvania State University, University Park, PA
- 2006-2011 Graduate Research Assistant, the Center for Childhood Obesity Research, the Pennsylvania State University, University Park, PA

### **AWARDS AND HONORS**

- 2018 Buffalo Blue Sky Silver Coin, awarded to productive UB faculty
- 2018 Milton Plesur Outstanding Faculty Award, University at Buffalo  
*Awarded by Undergraduate Student Association, recognizes teaching quality and commitment to students*
- 2017 Timothy J. Bartness Award for best presentation by a junior faculty member, Society for the Study of Ingestive Behavior Annual Meeting
- 2016 1<sup>st</sup> place, best oral presentation during the Early Career Education Theater Competition, The Obesity Society Annual Meeting
- 2013 Pediatric Obesity Society Poster of Excellence Award, The Obesity Society Annual Meeting
- 2011 Harold F. Martin Outstanding Teaching Award, the Pennsylvania State University
- 2010-2011 Lydia A. Gerhardt Child Development Memorial Scholarship, the Pennsylvania State University
- 2009-2010 Karl Freeman Peterson Prevention Fellowship, the Pennsylvania State University
- 2008 Plenary Oral Presentation, The Obesity Society Annual Meeting
- 2006-2007 Graham Fellowship, the Pennsylvania State University
- 2006 The Bucknell Prize in Psychology, Bucknell University
- 2006 The President's Award for Distinguished Academic Achievement, Bucknell University

## PROFESSIONAL AFFILIATIONS AND SOCIETY MEMBERSHIPS

|           |   |
|-----------|---|
| 2017-     | The Society for the Study of Ingestive Behavior           |
| 2015-     | University at Buffalo Ingestive Behavior, founding member |
| 2015-     | Council on Undergraduate Research                         |
| 2014-2015 | Boston Nutrition Obesity Research Center                  |
| 2009-     | The Obesity Society                                       |
| 2009-     | Society for Research in Child Development                 |

## INVITED PRESENTATIONS

*Trainees supervised by Dr. Anzman-Frasca are indicated as follows: ◇postdoctoral trainee, \*graduate student, ∞medical student, †undergraduate student.*

### ***International:***

1. **Anzman-Frasca, S.** (2016). Is there a future for healthy food choices? The important role of learning processes. Keynote in REWARD Symposium, Brussels, Belgium, October 2016.

### ***National:***

1. **Anzman-Frasca, S.** (2020). Promoting healthier eating among children in restaurants using evidence-based approaches from the behavioral sciences. Penn State University Department of Nutritional Sciences Colloquium, via videoconference, October 2020.
2. **Anzman-Frasca, S.,** Ferrante, M.◇, & Tauriello, S.\* (2020). Behavioral approaches to promoting healthier eating and growth in early life. Within panel: Policy, Programs, and Research that Influence Children Birth to 5 Years. National Collaborative on Childhood Obesity Research (NCCOR) Member Meeting, via videoconference, September 2020.
3. Tauriello, S.\*, Bowker, J., Wilding, G., Epstein, L., & **Anzman-Frasca, S.** (2020). Using associative conditioning with a positive peer context to increase children's preferences for vegetables. Webinar on special issue of *Pediatric Obesity* honoring Dr. Leann L. Birch, September 2020.
4. **Anzman-Frasca, S.,** & Folta, S.C. (2017). Healthier children's meals in restaurants: An exploratory study to inform acceptable approaches. Webinar in the Journal of Nutrition Education and Behavior's Journal Club, October 2017.

5. **Anzman-Frasca, S.** (2014). Making the healthy choice the acceptable choice: Shifting norms to improve children's diets. In symposium: Social and cultural construction of children's food and implications for intervention (C. Economos & J. Mennella, chairs). The Obesity Society Annual Meeting, Boston, MA, November 2014.

***Regional:***

1. **Anzman-Frasca, S.,** McGovern, L., Ferrante, M.ϕ, Drozdowsky, J., Lassetter, L., Tan, S., Epstein, L., Leone, L., & Hollis-Hansen, K. (2021). Improving adherence to a diabetic diet with a grocery shopping intervention. UB Clinical and Translational Science Institute Annual Research Colloquium, virtual meeting, October 2021.
2. **Anzman-Frasca, S.** (2021). Evidence-based strategies for promoting acceptance of healthy foods early in life. The Women, Infants, & Children (WIC) Association of New York State Annual Conference, virtual meeting, March 2021.
3. **Anzman-Frasca, S.** (2021). Promoting healthier eating among children in restaurants. Department of Pediatrics Research Conference, Jacobs School of Medicine and Biomedical Sciences, virtual meeting, February 2021.
4. **Anzman-Frasca, S.** (2017). Making healthy choices easier for children in restaurants. Presentation to the board of the Independent Health Foundation, Amherst, NY, July 2017.
5. **Anzman-Frasca, S.** (2017). Feeding guidelines for infants and toddlers: A responsive parenting approach. Presentation to the United Way of Buffalo & Erie County's Healthy Start Healthy Future for All Coalition on behalf of the Healthy Eating Research: Best Practices for Promoting Healthy Nutrition, Feeding Patterns, and Weight Status for Infants and Toddlers expert panel, April 2017.
6. **Anzman-Frasca, S.** (2016). Common targets for the prevention of obesity and promotion of psychological well-being early in life. Department of Psychology Clinical Area Seminar Series, University at Buffalo, Buffalo, NY, December 2016.
7. **Anzman-Frasca, S.** (2016). Behavioral and environmental approaches to early childhood obesity prevention. Department of Community Health and Health Behavior Seminar Series, University at Buffalo, Buffalo, NY, March 2016.
8. **Anzman-Frasca, S.** (2013). Is infant behavior linked to childhood obesity risk? Insights from an early preventive intervention. Friedman School of Nutrition Science and Policy Seminar Series, Tufts University, Boston, MA, October 2013.
9. **Anzman-Frasca, S.** (2011). Early individual differences and childhood obesity risk. Childhood Obesity Prevention Training Seminar, the Pennsylvania State University, University Park, PA, September 2011.

10. **Anzman, S.L.** (2010). The FRIENDS Project: A randomized intervention promoting self-regulation. Prevention Research Center Seminar, the Pennsylvania State University, University Park, PA, April 2010.

## **PROFESSIONAL SERVICE**

### ***Service to the Profession:***

- 2022 Abstract reviewer, The Society for Research in Child Development
- 2017, 2019-2022 Abstract reviewer, The Obesity Society annual meeting
- 2018-2020 Grant reviewer, Healthy Eating Research, a national program of the Robert Wood Johnson Foundation
- 2017 Co-chair, oral presentation session: Hot Topics in Pediatric Obesity Prevention. The Obesity Society Annual Meeting, Washington, DC.
- 2016 Chair, oral presentation session: The Inside Scoop on Federal School Nutrition Policy Changes: A Report from the USDA. The Obesity Society Annual Meeting, New Orleans, LA
- 2015 Co-chair, oral presentation session: Pediatric Intervention Studies. The Obesity Society Annual Meeting, Los Angeles, CA
- 2015 Grant reviewer, Syracuse University and Upstate Medical University pilot program: Driving Inspiration and Innovation through Collaboration
- 2014-2016 Early career representative, The Obesity Society Pediatric Obesity Section
- 2009- Ad-hoc manuscript reviewer: *Appetite, Child Development, Childhood Obesity, Developmental Psychology, Early Education & Development, Ethnicity & Disease, Frontiers in Psychology, Health Affairs, Infancy, International Journal for Behavioral Nutrition & Physical Activity, International Journal of Obesity, JAMA Pediatrics, Journal of the Academy of Nutrition and Dietetics, Journal of Developmental & Behavioral Pediatrics, Journal of Nutrition Education & Behavior, Journal of Pediatrics, Journal of Reproductive & Infant Psychology, Pediatric Obesity, Pediatrics, Physiology & Behavior, Preventing Chronic Disease, Public Health Nutrition, Translational Behavioral Medicine*

***Service to the Public:***

- 2022- Early Childhood Coalition, member  
*Community group convened by the United Way of Buffalo & Erie County, New York; Help me Grow New York; and Lift Off Western New York*
- 2020-2021 Expert panel member, Evidence-Based Recommendations and Best Practices for Promoting Healthy Eating Behaviors and Optimal Nutrition in Young Children, Ages 24 months-8 years.  
*This expert panel was convened by Healthy Eating Research, a national program of the Robert Wood Johnson Foundation.*
- 2020 Advisory panel member for development of standard portions for use in away-from-home settings (Led by Dr. Deborah Cohen, RAND)
- 2017- Partner, Gloria J. Parks 21st Century Community Learning Centers youth program, Buffalo, NY
- 2016 Expert panel member, Feeding Guidelines for Infants and Young Toddlers: A Responsive Parenting Approach.  
*This panel was convened by Healthy Eating Research, a national program of the Robert Wood Johnson Foundation, to generate [guidelines](#) for feeding children birth to 24 months.*

***University Service:***

- 2022- Pilot studies committee co-chair, Center for Ingestive Behavior Research, University at Buffalo
- 2022- Faculty Promotions Committee, Department of Pediatrics, Jacobs School of Medicine and Biomedical Sciences, University at Buffalo
- 2022-2024 Faculty Senator, University at Buffalo
- 2022 Outside member, Exercise and Nutrition Sciences planning sub-committee, University at Buffalo
- 2020, 2022 Inter-professional Education Forum facilitator, Jacobs School of Medicine and Biomedical Sciences, University at Buffalo
- 2019- Steering committee member, Center for Ingestive Behavior Research, University at Buffalo

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|------------|---|
| 2019-2021  | Trainee travel grant committee chair, Center for Ingestive Behavior Research, University at Buffalo   |
| 2019       | Program committee, Annual Ingestive Behavior Research Day, University at Buffalo  |
| 2018-      | Protocol review committee, Department of Pediatrics, University at Buffalo  |
| 2018       | Grant reviewer, Clinical and Translational Science Institute, University at Buffalo   |
| 2016       | Grant reviewer, IMPACT Awards, University at Buffalo  |
| 2016, 2017 | Co-chair, Annual Ingestive Behavior Research Day, University at Buffalo   |
| 2009-2010  | Faculty representative, Human Development and Family Studies Graduate Steering Committee, the Pennsylvania State University                                       |
| 2008-2009  | Co-chair, Human Development and Family Studies Graduate Steering Committee, the Pennsylvania State University   |
| 2007-2008  | Program Planning, Development, and Evaluation representative, Human Development and Family Studies Graduate Steering Committee, the Pennsylvania State University |

**CLASSROOM TEACHING: COURSES**

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|---|---|
| Fall 2021                                     | Course Director & Instructor, PSY 433/PSY 775, Child Development and Eating Behavior<br>Cross-listed undergraduate and graduate course<br>Psychology Department, University at Buffalo<br><i>3 credits, 35 students, 40 contact hours</i> |
| Fall 2016, 2017,<br>Spring 2019,<br>Fall 2019 | Course Director & Instructor, PSY 478, Child Development and Eating Behavior<br>Undergraduate course<br>Psychology Department, University at Buffalo<br><i>3 credits, 13-27 students, 40 contact hours</i>                                |

Spring 2014, 2015 Course Director & Instructor, NUTR 212, Nutrition and Child Development  
Graduate course  
Friedman School of Nutrition Science and Policy, Tufts University  
*3 credits, 8-10 students, ~40 contact hours*

Summer 2010 Co-Instructor, HDFS 229, Infant and Child Development  
Undergraduate course  
Human Development and Family Studies Department, the Pennsylvania State University  
*3 credits, ~15 students, 36 contact hours*

Spring 2010 Teaching Assistant, HDFS 229, Infant and Child Development  
Undergraduate course  
Human Development and Family Studies Department, the Pennsylvania State University

Summer 2009 Co-Instructor, HDFS 312W, Introduction to Empirical Inquiry  
Undergraduate course  
Human Development and Family Studies Department, the Pennsylvania State University  
*3 credits, ~25 students, 36 contact hours*

Fall 2009 Completed the Pennsylvania State University Graduate School Teaching Certificate

Fall 2008 Teaching Assistant, HDFS 312W, Introduction to Empirical Inquiry  
Undergraduate course  
Human Development and Family Studies Department, the Pennsylvania State University

### **CLASSROOM TEACHING: GUEST LECTURES**

1. **Anzman-Frasca, S.** (2021). Working with restaurants to promote healthier eating among children. Guest lecture for CHHB 602: Community Health and Health Behavior Interventions (graduate students). University at Buffalo, Buffalo, NY. March 2021.
2. **Anzman-Frasca, S.** (2019). Conducting health promotion research in schools and restaurants. Guest lecture for CHHB 602: Community Health and Health Behavior Interventions (graduate students). University at Buffalo, Buffalo, NY. March 2019.
3. **Anzman-Frasca, S.** (2017). Promoting healthy eating during early childhood: Behavioral and environmental approaches. Guest lecture for PSY 442/634 SEM: Ingestive Behavior (graduate and undergraduate students). University at Buffalo, Buffalo, NY. March 9, 2017.



4. **Anzman-Frasca, S.** (2016-2017). Intersections between children's physical health and academic outcomes: Implications for interventions in school and community settings. Guest lecture for CHHB 602: Community Health and Health Behavior Interventions (graduate students). University at Buffalo, Buffalo, NY. March 2016 and April 2017.
5. **Anzman-Frasca, S.** (2014-2015). Self-regulation and childhood obesity. Guest lecture for Psychology 309: Appetite and Eating Behavior (undergraduate students). Bucknell University, Lewisburg, PA. Guest lecture delivered via videoconference. March 2014 and March 2015.
6. **Anzman-Frasca, S.** (2013-2014). Prenatal and postnatal influences on infant nutrition. Guest lecture for Child Development 163: Infancy (undergraduate students). Tufts University, Medford, MA. September 2013 and September 2014.
7. **Anzman-Frasca, S.** (2014). Nutrition and child development: Highlights from the prenatal period through early childhood. Guest lecture for seminar in Public Health Nutrition (graduate students). Harvard School of Public Health, Boston, MA. April 24, 2014.
8. **Anzman-Frasca, S.** (2011). Infant feeding. Guest lecture for HDFS 428: Infant Development (undergraduate students). University Park, PA. September 22, 2011.
9. **Anzman-Frasca, S.** (2011). Early individual differences and childhood obesity risk. Presentation for the Penn State Childhood Obesity Prevention Training Journal Club (graduate students). University Park, PA. September 12, 2011.
10. **Anzman-Frasca, S.** (2008-2011). Infant and child feeding and the childhood obesity epidemic. Guest Lecture for HDFS 229: Infant and Child Development (undergraduate students). University Park, PA. July 2011, February 2011, July 2010, February 2010, October 2009, June 2009, February 2009, June 2008.
11. **Anzman-Frasca, S.** (2011). Individual differences in psychosocial factors and childhood obesity risk. Guest Lecture for HDFS/NUTR 597A: Childhood Obesity (graduate students). University Park, PA. March 24, 2011.
12. **Anzman-Frasca, S.** (2010). Temperament. Guest Lectures for HDFS 229: Infant and Child Development (undergraduate students). University Park, PA. November 4 and 9, 2010.
13. **Anzman-Frasca, S.** (2010). Breastfeeding and the childhood obesity epidemic. Guest Lecture for HDFS 229: Infant and Child Development (undergraduate students). University Park, PA. September 23, 2010.
14. **Anzman, S.L.** (2009). Descriptive statistics. Guest Lecture for HDFS 312W: Introduction to Empirical Inquiry (undergraduate students). University Park, PA. April 6, 2009.

15. **Anzman, S.L.** (2008). Childhood obesity: Links with temperament, eating behavior, and parenting. Guest Lecture for HDFS 429: Advanced Child Development (undergraduate students). University Park, PA. May 22, 2008.

## RESEARCH SUPERVISION

### *Postdoctoral:*

2020- Primary mentor for Mackenzie Ferrante, Postdoctoral Associate

### *PhD Students:*

2022- Dissertation committee member  
Student: Angelica Tutas Lozada  
Community Health and Health Behavior, University at Buffalo  
*Thesis TBD*

2022- Preliminary exam committee member  
Student: Verence Ascencio Gutierrez  
Behavioral Neuroscience, University at Buffalo

2019- Primary mentor for PhD student  
Student: Sara Tauriello  
Clinical Psychology, University at Buffalo  
*Received Center for Ingestive Behavior Research Scholarship (2019-2021)*

2019-2023 Secondary mentor for PhD student  
Student: Hope White  
Social Psychology, University at Buffalo  
*In addition to her primary appointment as a graduate research assistant in the Department of Psychology, Hope White worked on the Parenting Toolkit to Promote Healthier Eating Study under Dr. Anzman-Frasca's mentorship*

2019-2021 Dissertation committee member  
Student: Christina Kasprzak  
Community Health and Health Behavior, University at Buffalo  
*Thesis: Evaluation of pre-implementation capacity and implementation effectiveness of an evidence-based intervention for mobile produce markets*

2017-2019           Dissertation committee member  
Student: Kelseanna Hollis-Hansen  
Community Health and Health Behavior, University at Buffalo  
*Thesis: Episodic future thinking as an intervention on grocery shopping behavior for people with overweight and obesity*

2015-2017           Dissertation committee member  
Student: Megan P. Mueller  
Friedman School of Nutrition Science and Policy, Tufts University  
*Thesis: Healthy menu changes in restaurants: Evaluating industry trends over the past decade and a case study of consumer responses*

***Medical Students:***

2022                 Supervised first-year medical student research internship  
Student: MacKenzie Swanson  
Jacobs School of Medicine and Biomedical Sciences, University at Buffalo

2021                 Supervised first-year medical student research internship  
Student: Elizabeth Johnson  
Jacobs School of Medicine and Biomedical Sciences, University at Buffalo

2019                 Supervised first-year medical student research internship  
Student: Kaley Reardon  
Jacobs School of Medicine and Biomedical Sciences, University at Buffalo

***Other Graduate Students:***

2022                 Faculty mentor for MPH student intern  
Student: Rula Masoud  
School of Public Health & Health Professions, University at Buffalo

2022                 Faculty mentor for dietetic intern research rotation  
Students: Melissa Austin, Zoe Pickerill  
Department of Exercise and Nutrition Sciences, University at Buffalo

2021                 Faculty mentor for dietetic intern research rotation  
Student: Courtney Cole  
Department of Exercise and Nutrition Sciences, University at Buffalo

2020                 Faculty mentor for dietetic intern research rotation  
Students: Adrianna Calabro, Andrea Less  
Department of Exercise and Nutrition Sciences, University at Buffalo

- 2019-2020 Primary mentor for MA student  
Student: Malena Savell  
Department of Psychology, University at Buffalo  
*Thesis: Development of a measure of the relative reinforcing value of food versus parent-child interaction*
- 2017-2019 Primary mentor for MA student  
Student: Sara Tauriello  
Department of Psychology, University at Buffalo  
*Project: Examining associative conditioning with a positive peer context as a strategy to increase children's vegetable acceptance*
- 2014-2015 Supervised graduate student research assistant  
Student: Grace Chan, MS/MPH candidate, Tufts University
- 2014 Supervised graduate student Applied Learning Experience  
Student: Clarissa Brown, MPH candidate, Tufts University
- 2013-2015 Supervised graduate student internships at Tufts University  
-Lisa Tse, MPH candidate, Columbia University (Summer 2015)  
-Natalie Bishop, MPH candidate, Emory University (Summer 2014)  
-Sisi Wang, MPH candidate, Yale University (Summer 2013)

***Undergraduate Students:***

- 2022-2023 Faculty mentor for research intern, Collegiate Science and Technology Entry Program, University at Buffalo  
Student: Opeyemi Ibitayo, Neuroscience major
- 2021-2022 Primary mentor for undergraduate honors thesis project  
Student: Callista Zayatz, Biomedical Sciences major  
Honors College, University at Buffalo  
*Thesis: Associations between daily activities, stress, and sleep among adults during the COVID-19 pandemic*
- 2021-2022 Primary mentor for Honors Student Experience  
Student: Hannah Anderson, Biomedical Sciences major  
Honors College, University at Buffalo  
*Project: An Online Survey Examining Food Parenting at Home and in Restaurants*
- 2021-2022 Faculty mentor for research intern, Collegiate Science and Technology Entry Program, University at Buffalo  
Student: Maisha Rahman, Public Health major

- 2020-2021 Primary mentor for undergraduate honors thesis project  
 Student: Juliana Goldsmith, Biomedical Sciences major  
 Honors College, University at Buffalo  
*Thesis: Examining parent stress and child schooling/care location as predictors of restaurant-related behaviors during the COVID-19 pandemic: Findings from a nationally representative survey*
- 2020-2021 Faculty mentor for research intern, Collegiate Science and Technology Entry Program, University at Buffalo  
 Student: Adwoa Dadzie, Biological Sciences major
- 2018-2019 Primary mentor for undergraduate honors thesis project  
 Student: Jacob Bleasdale, Biomedical Sciences major  
 Honors College, University at Buffalo  
*Thesis: Using a health promotion strategy to promote healthy meal options among patrons at a food truck event*
- 2017-2018 Secondary mentor for undergraduate honors thesis project  
 Student: Parveen Attai, Biomedical Sciences major  
 Honors College, University at Buffalo  
*Thesis: Relationship between relative reinforcing value of food and screen use in preschoolers*
- 2017-2018 Primary mentor for undergraduate honors thesis project  
 Student: Sarah Ehrenberg, Biomedical Sciences major  
 Honors College, University at Buffalo  
*Thesis: Testing repeated exposure to target fruits and vegetables through hands-on cooking as a way to increase children's preferences for these foods*
- 2016- Supervised ~6-12 undergraduate research assistants per semester, University at Buffalo  
*Full information available upon request (student, department, duration of involvement)*
- 2016-2017 Supervised McNair Scholar, University at Buffalo  
 Student: Parveen Attai, Biomedical Sciences major
- 2011-2012 Supervised undergraduate honors thesis project  
 Student: Melissa Paul, Human Development & Family Studies major  
 Schreyer Honors College, the Pennsylvania State University  
*Thesis: Relationships between parents' and daughters' body esteem at different time points in adolescence*

2009 Supervised undergraduate honors thesis project  
Student: Breanne K. Fagan, Human Development & Family Studies major  
Schreyer Honors College, the Pennsylvania State University  
*Thesis: Relations between first-time mothers' perceived parenting self-  
efficacy, infant fussing, and nighttime sleep*

## GRANT SUPPORT

### *Current:*

NIH 1R01DK133525 (M. Feinberg & P. Crawford, PIs) 7/2022-6/2027  
Title: Adaptation of an evidence-based family program for obesity Prevention in health care contexts: Testing outcomes and mechanisms with first-time military parents and their infants  
The goal of this project is to pilot an obesity prevention adaptation of the Family Foundations program (FF+) with military families, who experience overweight/obesity at levels similar to their civilian counterparts. Recruitment and intervention will be conducted within obstetric clinics in three Military Health System hospitals. Recruitment, intervention delivery, data collection, and follow up will be facilitated by the military context.  
Role: PI on subcontract 1.20 cal. mos. Subcontract: \$85,916

NIH 1R01HD096748 6/2019-5/2024  
Title: Promoting healthier meal selection and intake among children in restaurants  
The goal of this project is to test effects of an in-restaurant intervention using choice architecture and repeated exposure on children's meal selection and intake. Given that many families consume food from restaurants on a regular basis, this research has the potential for a meaningful impact on child dietary intake and health.  
Role: Principal Investigator 3.2-4.8 cal. mos. Total funds: \$2,352,757

Center for Ingestive Behavior Research, University at Buffalo 01/2022-8/2023  
Title: Examining an online social networking intervention targeting early infant sleep as a novel obesity prevention strategy  
The objective of this study is to provide pilot data on the feasibility and effectiveness of a web-based social networking intervention designed to promote sleep early in infancy and to explore the potential for this intervention to promote healthy feeding routines, eating behaviors, and weight outcomes.  
Role: Principal investigator Total funds: \$18,000

NIH 2R01DK088244 (I. Paul & J. Savage, PIs) 6/2018-3/2023  
Title: Preventing obesity through interventions during infancy  
The goal of this project is to test the long-term effects of a novel early intervention program to prevent childhood obesity. The proposal seeks to evaluate the effects of a responsive parenting intervention on body mass index (BMI) at child age 6 and 9 years, as well as secondary outcomes including child self-regulation.  
Role: PI on subcontract 1.80 cal. mos. Subcontract: \$541,772

Buffalo Blue Sky, University at Buffalo 10/2018-12/2022  
Title: Parenting toolkit to promote healthier eating  
In this randomized intervention study, positive parenting will be practiced in the context of various activities (e.g., reading, nature walk), and effects of this intervention on the relative reinforcing value of food will be tested among 5-year-old children and their parents. This work has the potential to promote healthier eating, weight, and socioemotional development.  
Role: Principal Investigator Total funds: \$30,000

***Completed:***

University Honors College Research and Creativity Fund 10/2021-5/2022  
Title: Parent survey on food parenting practices at home and in restaurants  
The goal of this project is to assess and compare food parenting practices at home and in restaurants. The award will support the research of undergraduate honors student Hannah Anderson with PI Dr. Anzman-Frasca.  
Role: Principal Investigator Total funds: \$1,000

University Honors College Research and Creativity Fund 10/2021-5/2022  
Title: The UB Get Outside (GO) Study  
The goal of this project is to test whether providing free access to a local winter hiking challenge, along with winter hiking equipment, can increase adults' hiking frequency as well as lengthen sleep duration and decrease stress. The award will support the research of undergraduate honors student Callista Zayat with PI Dr. Anzman-Frasca.  
Role: Principal Investigator Total funds: \$1,149.75

Clinical and Translational Science Institute 4/2019-12/2020  
Title: Improving adherence to a diabetic diet with a grocery shopping intervention  
The goal of this study is to test novel approaches informed by behavioral economics to promote healthier grocery shopping among diabetic patients. Intervention effects on food purchasing, spending, and dietary intake will be examined. The intervention strategies include online grocery shopping and healthy defaults, which have translational significance as they could be incorporated into clinical treatment, with the potential to improve dietary intake, glucose regulation, weight, and medication needs among diabetic patients.  
Role: Principal Investigator Total funds: \$35,000

University Honors College Research and Creativity Fund 5/2018-6/2019  
Title: Using a health promotion strategy to promote healthy meal options among patrons at a food truck event  
The goal of this project is to test strategies to promote healthier food orders among patrons at a weekly food truck event in Buffalo, New York. The award will support the thesis research of undergraduate honors student Jacob Bleasdale with PI Dr. Anzman-Frasca.  
Role: Principal Investigator Total funds: \$4,561

Clinical and Translational Science Institute (K. Kordas, PI) 4/2018-3/2019  
Title: Is there a lead diet? Harnessing population-based evidence for translatable public health messages on lowering childhood lead exposure.  
Leveraging data from the U.S. National Health and Nutrition Examination Survey, we will investigate the potential of dietary approaches to lower blood lead levels among young children, who are highly susceptible to lead toxicity. Our findings will inform the translation of research into potential interventions or educational messages.  
Role: Co-investigator Total funds: \$46,480

Howard T. Blane Director's Award for the Development of Innovative Research in the Addictions (BDAA) (Anzman-Frasca & Eiden, PIs) 10/2017-12/2018  
Title: Using positive parent-child interactions as an alternative reinforcer to promote healthier eating among preschoolers  
This research brings together research on food reward and positive parenting in an effort to promote healthier child eating behaviors. The goal is to increase the reward value of parent-child interactions, so they become a plausible alternative to palatable snack foods. Aims of this study are to complete pilot and feasibility research to support a larger intervention study in this area.  
Role: Co-Principal Investigator Total funds: \$24,901

University at Buffalo IMPACT Award (Epstein, PI) 3/2016-12/2017  
Title: Developing the methodology to measure food reward in young infants  
The goal of this project is to develop and pilot test the use of a bottle intended to measure food reward in infants ages 3-6 months. This project will contribute to the understanding of the origins of food reward, a predictor of subsequent weight outcomes and obesity risk.  
Role: Co-investigator Total funds: \$21,000

NIH 1R01HD080180 (J. Sackeck, PI) 12/2014-11/2017  
Title: Understanding the impact of school-based physical activity programs  
This study proposes to examine the impact of scalable school-based physical activity programs on physical activity, executive functioning, and academic achievement in underserved school districts in Massachusetts.  
Role: Co-investigator 0.36-0.60 cal. mos. Total funds: \$1,931,037

University at Buffalo IMPACT Award 3/2016-2/2017  
Title: Developing a board game to promote young children's delay of gratification  
The goal of this project is to create and pilot test a board game intended to increase preschoolers' ability to delay of gratification, a precursor to healthy development across domains.  
Role: Principal Investigator Total funds: \$34,693

NIH 1R01DK088244 (L. Birch & I. Paul, PIs) 3/2011-1/2017  
Title: Preventing obesity through interventions during infancy  
The proposal seeks to evaluate the effects of an early intervention program to prevent childhood obesity in a two arm randomized trial that includes a child safety control program. The intervention program is hypothesized to show efficacy in both breast and formula fed infants as measured by the primary outcome, body mass index (BMI) at age 3 years.  
Role: Sub-investigator Total funds: \$3,672,638



CDC 1R43HD080501

(Healthy Dining, PI)

9/2014-7/2015

Title: Increasing supply and demand for healthful kids' restaurant meals

This project contributes to reversing the rates of childhood obesity by increasing the "supply" and "demand" for healthful kids' meals in the nearly one million U.S. restaurants.

Role: PI on subcontract

1.2 cal. mos.

Subcontract: \$39,930

## **PUBLICATIONS: JOURNAL ARTICLES**

*Trainees supervised by Dr. Anzman-Frasca are indicated as follows: ◇postdoctoral trainee, \*graduate student, ∞medical student, †undergraduate student.*

### ***Original Research in Peer-Reviewed Journals:***

1. Anderson, H.†, Ferrante, M.J.◇, Tauriello, S.\*, & **Anzman-Frasca, S.** (In Press). Differences in food parenting at home versus restaurants among parents of 3-to-8-year-old children. *Appetite*.  
*Roles: Senior author of manuscript and mentor of first author who completed this work as an honors undergraduate research project; contributed to study design and data analysis and provided critical feedback on the manuscript*
2. Tauriello, S.\*, Savage, J.S., Goldsmith, J.†, Kubinieć, E.†, Paul, I.M., & **Anzman-Frasca, S.** (In Press). Effects of the INSIGHT responsive parenting intervention on parenting and child behavior at ages 3 and 6 years. *Journal of Pediatrics*.  
*Roles: Senior author and primary mentor of first author; contributed to conceptualization of this analysis and study design for overarching study; provided critical feedback on analysis and manuscript writing*
3. **Anzman-Frasca, S.**, McGovern, L., Ferrante, M.J.◇, Drozdowsky, J., Epstein, L., Hollis-Hansen, K., Lassetter, L.†, Leone, L.A., & Tan, S.† (2023). Effects of a grocery shopping intervention designed to improve diet adherence in diabetes: a randomized trial. *Obesity, 31*, 62-73.  
*Roles: Principal Investigator; led study design; supervised study implementation; conducted data analyses; and led manuscript development*
4. Kong, K.L., **Anzman-Frasca, S.**, Burgess, B., Serwatka, C., White, H.\*, Holmbeck, K.† (2022). Systematic review of general parenting intervention impacts on child weight as a secondary outcome. *Childhood Obesity, Epub ahead of print*, doi: 10.1089/chi.2022.0056  
*Roles: Contributed to systematic review plan; provided critical feedback on the manuscript*
5. Trapp, G.S.A., Pulker, C.E., Hurworth, M., Law, K.K., Brinkman, S., Pollard, C.M., Harray, A.J., Sambell, R., Mandzufas, J., **Anzman-Frasca, S.**, & Hickling, S. (2022). The nutritional quality of kids' menus from cafes and restaurants: An Australian cross-sectional study. *Nutrients, 14*, 2741.  
*Roles: Provided critical feedback on and edited the manuscript*

6. Hohman, E.E., Savage, J.S., Marini, M.E., **Anzman-Frasca, S.**, Buxton, O.M., Loken, E., & Paul, I.M. (2022). Effect of the INSIGHT firstborn parenting intervention on secondborn sleep. *Pediatrics*, e2021055244.  
*Roles: Contributed to intervention development and study design for the overarching study of which this analysis is a part; provided critical feedback on the manuscript*
7. Hollis-Hansen, K., Ferrante, M.J.◊, Goldsmith, J.†, & **Anzman-Frasca, S.** (2022). Family food insecurity, food acquisition, and eating behavior over 6 months into the COVID-19 pandemic. *Journal of Nutrition Education and Behavior*, 54, 660-669.  
*Roles: Principal Investigator of overarching study and senior author; provided feedback on research questions and analysis; edited and provided critical feedback on the manuscript*
8. **Anzman-Frasca, S.**, Moding, K.J., Forestell, C., & Francis, L.A. (2022). Applying developmental science concepts to improve the applicability of children’s food preference learning research. *Child Development Perspectives*, 16, 180-187. *Roles: Led the conceptualization and preparation of this collaborative manuscript and co-led the corresponding conference symposium on which it was based*
9. Gartstein, M.A., Seamon, E., Mattera, J., Enlow, M.B., Wright, R.J., Perez-Edgar, K., Buss, K., LoBue, V., Bell, M.A., Goodman, S.H., Spieker, S., Bridgett, D.J., Salisbury, A.L., Gunnar, M., Muzik, M., Stifter, C., Planalp, E.M., Mehr, S., Spelke, E., Lukowski, A.F., Groh, A., Lickenbrock, D.M., Santelli, R., Schudlich, T.D., **Anzman-Frasca, S.**, Thrasher, C., Diaz, A., Dayton, C., Moding, K., & Jordan, E.M. (2022). Using machine learning to understand age and gender classification based on infant temperament. *PLOS ONE*, 17, e0266026.  
*Role: Contributed to study design and data collection for individual study included in this collaborative analysis*
10. Lamy, E., Viegas, C., Rocha, A., Lucas, M.R., Tavares, S., Capela-Silva, F., Guedes, D., Laureati, M., Zian, Z., Machado, A.S., Ellssel, P., Freyer, B., Gonzalez-Rodrigo, E., Majewski, E., Prazeres, I., Silva, V., Juracak, J., Vorlickova, L.P., Kamutali, A., Tscha, E.R., Villalobos, K., Zelvyte, R., Monkeviciene, I., Elati, J., Pinto, A.M.S., Castelo, P., **Anzman-Frasca, S.** (2022). Changes in food behavior during COVID-19 pandemic: a cross-country study about changes in eating habits, motivations and food-related behaviors. *Food Quality and Preference*, 99, 104559.  
*Roles: Provided feedback on English version of study questionnaire; provided critical feedback on manuscript*
11. Kong, K.L., Shisler, S., Eiden, R.D., **Anzman-Frasca, S.**, & Szabat, J. (2022). Examining the relationship between infant weight status and parent-infant interactions within a food and non-food context. *Childhood Obesity*, 18, 422-432.  
*Roles: Provided critical feedback and editing of manuscript*

12. Johnson, B., Hunter, K., Golley, R., Chadwick, P., Barba, A., Aberoumand, M., Libesman, S., Askie, L., Taylor, R., Robledo, K., Mihrshahi, S., O'Connor, D., Hayes, A., Wolfenden, L., Wood, C., Baur, L., Rissel, C., Staub, L., Taki, S., Smith, W., Sue-See, M., Marschner, I., Espinoza, D., Thomson, J., Larsen, J., Verbestel, V., Stough, C., Salvy, S., O'Reilly, S., Karssen, L., Rasmussen, F., Messito, M.J., Gross, R., Paul, I., Wen, L., Hesketh, K., Gonzalez, A., Campbell, K., Overby, N., Linares, A., Joshipura, K., Palacios, C., Maffei, C., Thompson, A., Ghaderi, A., Banna, J., Oken, E., Campos, M., Perez-Exposito, A., Taylor, B., Savage, J., Roed, M., Goran, M., de la Haye, K., **Anzman-Frasca, S.**, & Seidler, A. (2022). Unpacking the behavioural components and delivery features of early childhood obesity prevention interventions in the TOPCHILD collaboration: A systematic review and intervention coding protocol. *BMJ Open*, *12*, e048165.  
*Roles: Contributed to study design and intervention development for individual studies included in this collaborative review*
13. Hunter, K.E., Johnson, B.J., Askie, L., Golley, R.K., Baur, L.A., Marschner, I.C., Taylor, R.W., Wolfenden, L., Wood, C.T., Mihrshahi, S., Hayes, A.J., Rissel, C., Robledo, K.P., O'Connor, D.A., Espinoza, D., Staub, L.P., Chadwick, P., Taki, S., Barba, A., Libesman, S., Aberoumand, M., Smith, W.A., Sue-See, M., Hesketh, K.D., Thomson, J.L., Bryant, M., Paul, I.M., Verbestel, V., Stough, C.O., Wen, L.M., Larsen, J.K., O'Reilly, S.L., Wasser, H.M., Savage, J.S., Ong, K.K., Salvy, S.-J., Messito, M.J., Gross, R.S., Karssen, L.T., Rasmussen, F.E., Campbell, K., Linares, A.M., Overby, N.C., Palacios, C., Joshipura, K.J., Acero, C.G., Lakshman, R., Thompson, A.L., Maffei, C., Oken, E., Ghaderi, A., Rivera, M.C., Taylor, B.J., Perez-Exposito, A.B., Banna, J.C., de la Haye, K., Goran, M., Roed, M., **Anzman-Frasca, S.**, Seidler, A.L., Transforming Obesity Prevention for CHILDren (TOPCHILD) Collaboration. (2022). Transforming Obesity Prevention for CHILDren (TOPCHILD) Collaboration: Protocol for a systematic review with individual participant data meta-analysis of behavioural interventions for the prevention of early childhood obesity. *BMJ Open*, *12*, e048166.  
*Roles: Contributed to study design and intervention development for individual studies included in this collaborative review and meta-analysis*
14. Tsai, M., Cash, S.B., **Anzman-Frasca, S.**, Goldberg, J.P., Johnson, S.K., Oslund, J., & Folta, S.C. (2021). Helping parents provide vegetable snacks: Investigating price and taste as barriers. *Appetite*, *166*, 105481.  
*Roles: Contributed to study execution and manuscript development; provided critical feedback on manuscript*
15. Hyczko, A.V., Ruggiero, C.F, Hohman, E.E., **Anzman-Frasca, S.**, Savage, J.S., Birch, L.L., & Paul, I.M. (2021). Sex differences in maternal restrictive feeding practices in the INSIGHT Study. *Academic Pediatrics*, *21*, 1070-1076.  
*Roles: Advised on research questions, analysis plan, and supporting literature; provided critical feedback on study design and manuscript*

16. Tauriello, S.\*, McGovern, L., Bartholomew, B., Epstein, L., Leone, L.A., Goldsmith, J.†, Kubiniec, E.†, & **Anzman-Frasca, S.** (2021). Taste ratings of healthier main and side dishes among 4-to-8-year-old children in a quick-service restaurant chain. *Nutrients*, *13*, 673.  
*Roles: Senior author; led study design and overarching study, conducted data analyses, and provided critical feedback on manuscript*
  
17. Ferrante, M.◇, Goldsmith, J.†, Tauriello, S.\*, Epstein, L.H., Leone, L.A., & **Anzman-Frasca, S.** (2021). Food acquisition and daily life for U.S. families with 4-to-8-year-old children during COVID-19: Findings from a nationally representative survey. *International Journal of Environmental Research and Public Health*, *18*, 1734.  
*Roles: Senior author and primary mentor of first author; led study design and contributed to data interpretation and manuscript development*
  
18. Sacheck, J.M., Wright, C.M., Amin, S., **Anzman-Frasca, S.**, Chomitz, V.M., Chui, K., Duquesnay, P., Nelson, M.E., & Economos, C.D. (2021). The FLEX Study cluster-randomized trial: Impact on children's moderate-to-vigorous physical activity. *American Journal of Preventive Medicine*, *60*, 239-249.  
*Roles: Contributed to study design; provided critical feedback on the manuscript*
  
19. Bleasdale, J.†, Kruger, J., Gampp, A., Kurtz, K., & **Anzman-Frasca, S.** (2021). Using product sampling and point-of-purchase prompting to promote healthier food selection from food trucks: A pilot and feasibility study. *Public Health Nutrition*, *24*, 738-345.  
*Roles: Senior author; led study design, contributed to data analysis and manuscript development, and oversaw all other aspects of the study as primary mentor of the first author, who completed this work as a senior honors thesis*
  
20. Desai, G., **Anzman-Frasca, S.**, Vernarelli, J., Ravenscroft, J., Yang, J., Burstein, G., & Kordas, K. (2021). Examining links between diet and lead exposure in young children: 2009 to 2014 National Health and Nutrition Examination Survey. *Academic Pediatrics*, *21*, 471-479.  
*Roles: Contributed to study design; provided critical feedback on the manuscript*
  
21. **Anzman-Frasca, S.**, Singh, A., Curry, D., Tauriello, S.\*, Epstein, L., Faith, M., Reardon, K.∞, & Pape, D. (2020). Evaluating a board game designed to promote young children's delay of gratification. *Frontiers in Psychology*, *11*, 581025.  
*Roles: Led study design, execution, data analysis, and writing of manuscript*
  
22. Mueller, P., Shonkoff, E.T., Folta, S.C., **Anzman-Frasca, S.**, & Economos, C.D. (2020). Orders of healthier adult menu items in a full-service restaurant chain with a healthier children's menu. *Nutrients*, *12*, 3253.  
*Roles: Contributed to study design and data analysis; provided critical feedback on the manuscript*

23. Attai, P.†, Szabat, J., **Anzman-Frasca, S.**, & Kong, K.L. (2020). Associations between parental and child screen time and quality of the home environment: A preliminary investigation. *International Journal of Environmental Research and Public Health*, 17, 6207. *Roles: Provided critical feedback on study design and manuscript; served as the secondary mentor to the first author, who completed this work as her senior honors thesis*
24. Kong, K., **Anzman-Frasca, S.**, Epstein, L., Eiden, R., & Paluch, R. (2020). Babies with big appetites: the role of the non-food environment on infant appetitive traits linked to obesity. *American Journal of Clinical Nutrition*, 112, 948-955. *Roles: Contributed to research questions and data interpretation; provided critical feedback on manuscript*
25. Tauriello, S.\* , Bowker, J., Wilding, G., Epstein, L., & **Anzman-Frasca, S.** (2020). Examining associative conditioning with a positive peer context as a strategy to increase children’s preferences for vegetables. *Pediatric Obesity*, 15, e12660. *Roles: Senior author; led study design, contributed to data analysis and writing, and oversaw all other aspects of the study as primary mentor of the first author*
26. Harris, H.A., **Anzman-Frasca, S.**, Marini, M.E., Paul I.M., Birch, L.L. & Savage, J.S. (2020). Effect of a responsive parenting intervention on child emotional overeating is mediated by reduced maternal use of food to soothe: The INSIGHT RCT. *Pediatric Obesity*, 15, e12645. *Roles: Contributed to study design and provided critical feedback on the manuscript*
27. McNally, S., **Anzman-Frasca, S.**, Bowman, K., Beleche, M., Folta, S., Patel, A. (2020). Using fundraising incentives and point-of-purchase nutrition promotion to improve food choices among school families in restaurants: a pilot and feasibility study. *Public Health Nutrition*, 23, 2006-2015. *Roles: Contributed to study execution, conducted data analyses, and provided critical feedback on the manuscript*
28. Savell, M.\* , Eiden, R.D., Kong, K., Tauriello, S.\* , Epstein, L., Fabiano, G., Reardon, K.∞, & **Anzman-Frasca, S.** (2020). Development of a measure of the relative reinforcing value of food versus parent-child interaction. *Appetite*, 153, 104731. *Roles: Senior author; led study design, contributed to data analysis and writing, and oversaw all other aspects of the study as primary mentor of the first author*
29. **Anzman-Frasca, S.**, Folta, S., Angstrom, H., Brown, C.M.\* , Beets, M., Finley, A.M., Nelson, M., & Economos, C. (2020). Incentivizing healthy snacks during out-of-school time through grocery store partnerships. *Journal of Public Health Management & Practice*, 26, E33-E41. *Roles: Major contributions to study design and supervision of study team; led data analysis and writing of manuscript*

30. Ehrenberg, S.†, Leone, L.A., Sharpe, B., Reardon, K.∞, & **Anzman-Frasca, S.** (2019). Using repeated exposure through hands-on cooking to increase children's preferences for fruits and vegetables. *Appetite, 142*, 104347.  
*Roles: Senior author; led study design, contributed to data analysis and writing, and oversaw all other aspects of the study as primary mentor of the first author, who completed this work as a senior honors thesis*
31. Bleiweiss-Sande, R., Chui, K., Wright, C. Amin, S., **Anzman-Frasca, S.**, & Sacheck, J. (2019). Associations between food group intake, cognition and academic achievement in elementary schoolchildren. *Nutrients, 11*, 2722.  
*Roles: Contributed to study design; provided critical feedback on the manuscript*
32. Mueller, M., Wilde, P., Folta, S.C., **Anzman-Frasca, S.**, & Economos, C. (2019). Availability of healthier children's menu items in the top selling quick service restaurant chains (2004-2015). *American Journal of Public Health, 109*, 267-269.  
*Roles: Contributed to study design and data analysis; provided critical feedback on the manuscript*
33. Economos, C.D., **Anzman-Frasca, S.**, Koomas, A.H., Bakun, P.J., Brown, C.M.\*, Brown, D., Folta, S.C., Fullerton, K.J., Sacheck, J.M., Sharma, S., & Nelson, M.E. (2019). Dissemination of Healthy Kids Out of School principles for obesity prevention: A RE-AIM analysis. *Preventive Medicine, 119*, 37-43.  
*Roles: Major contributions to study design and data analysis; provided critical feedback on the manuscript*
34. **Anzman-Frasca, S.**, Paul, I.M., Moding, K.J., Savage, J.S., Hohman, E.E., & Birch, L.L. (2018). Effects of the INSIGHT obesity preventive intervention on reported and observed infant temperament. *Journal of Developmental & Behavioral Pediatrics, 39*, 736-743.  
*Roles: Led design, analysis, and writing for this secondary analysis and contributed to study design and execution for the overarching clinical trial*
35. Paul, I.M., Savage, J.S., **Anzman-Frasca, S.**, Marini, M.E., Beiler, J.S., Hess, L.B., Loken, E., & Birch, L.L. (2018). Effects of a responsive parenting educational intervention on childhood weight outcomes at 3 years of age. *Journal of the American Medical Association, 320*, 461-468.  
*Roles: Contributed to study design and execution, including intervention development; provided critical feedback on the manuscript*
36. **Anzman-Frasca, S.**, Braun, A.C., Ehrenberg, S.†, Epstein, L.H., Gampp, A., Leone, L., Singh, A., & Tauriello, S.\* (2018). Effects of a randomized intervention promoting healthy children's meals on children's ordering and dietary intake in a quick-service restaurant. *Physiology & Behavior, 192*, 109-117.  
*Roles: Led all aspects of study design and execution; led data analysis and writing of manuscript*

37. Kong, K.L., Eiden, R.D., **Anzman-Frasca, S.**, Stier, C.L., Paluch, R.A., Mendez, J., Slominski, E., Gengatharan G., & Epstein, L.H. (2018). Repeatability of the infant food reinforcement paradigm: Implications of individual and developmental differences. *Appetite, 120*, 123-129.  
*Roles: Provided feedback as co-investigator, especially related to expertise in temperament; provided critical feedback on the manuscript*
38. Shonkoff, E.T., **Anzman-Frasca, S.**, Lynskey, V., Chan, G.\*, Glenn, M., & Economos, C.D. (2017). Child and parent perspectives on healthier side dishes and beverages in restaurant kids' meals: Results from a national survey in the United States. *BMC Public Health, 18*, 56.  
*Roles: Contributed to development of research questions and data analysis; provided critical feedback on the manuscript*
39. Lopez, N.V., Folta, S.C., Lynskey, V.M., Glenn, M.P., Patel, A.A., & **Anzman-Frasca, S.** (2017). Promoting healthier children's meals at quick-service and full-service restaurants: Results from a pilot and feasibility study. *Appetite, 117*, 91-97.  
*Roles: Senior author; led research-based activities within this Small Business Innovation Research Study, including those related to study design and data analysis; provided critical feedback on the manuscript*
40. Paul, I.M., Hohman, E.E., Loken, E., Savage, J.S., **Anzman-Frasca, S.**, Carper, P., Marini, M.E., & Birch, L.L. (2017). Mother-infant room sharing and sleep outcomes in the INSIGHT study. *Pediatrics, 140*, e20170122.  
*Roles: Provided critical feedback on the manuscript for this secondary analysis and contributed to study design and execution for the overarching clinical trial*
41. Lynskey, V.M., **Anzman-Frasca, S.**, Harellick, L., Korn, A., Sharma, S., Simms, S., & Economos, C.D. (2017). Low parental awareness about calorie recommendations for children's restaurant meals: Findings from a national survey in the USA. *Public Health Nutrition, 20*, 1921-1927.  
*Roles: Contributed to study design and data analysis; provided critical feedback on the manuscript*
42. Cohen, J.F.W., Roberts, S.B., **Anzman-Frasca, S.**, Gamache, M.M.G., Lynskey, V.M., Matthews, E., Mueller, M.P., Sharma, S., & Economos, C.D. (2017). A pilot and feasibility study to assess children's consumption in quick-service restaurants using plate waste methodology. *BMC Public Health, 17*, 259.  
*Roles: Contributed to study design; provided critical feedback on the manuscript*
43. **Anzman-Frasca, S.**, Folta, S.C., Glenn, M.E., Jones-Mueller, A., Lynskey, V.M., Patel, A.A., Tse, L.L.\*, & Lopez, N.V. (2017). Healthier children's meals in restaurants: An exploratory study to inform approaches that are acceptable across stakeholders. *Journal of Nutrition Education and Behavior, 49*, 285-295.  
*Roles: Led research-based activities within this Small Business Innovation Research Study, including those related to study design and data analysis; led writing of the manuscript*

44. Economos, C.D., **Anzman-Frasca, S.**, Koomas, A., Chan, G.\*, Folta, S.C., Heck, J., Newman, M., & Sacheck, J. (2017). Snacks, beverages, and physical activity during volunteer-led out-of-school-time programs: A cross-sectional analysis. *BMC Public Health*, *17*, 125.  
*Roles: Major contributions to study design and data analysis; contributed to manuscript development and provided critical feedback on the manuscript*
45. Mueller, M.P., **Anzman-Frasca, S.**, Blakeley, C.E., Folta, S.C., Wilde, P., & Economos, C.D. (2016). Ordering patterns following the implementation of a healthier children's restaurant menu: A latent class analysis. *Obesity*, *25*, 192-199.  
*Roles: Contributed to study design and data analysis; provided critical feedback on the manuscript*
46. Wright, C., Duquesnay, P.J., **Anzman-Frasca, S.**, Chomitz, V., Chui, K., Economos, C.D., Langevin, E., Nelson, M., & Sacheck, J. (2016). The Fueling Learning through Exercise (FLEX) Study: A randomized controlled trial of the impact of school-based physical activity programs on children's physical activity, cognitive function, and academic achievement. *BMC Public Health*, *16*, 1078.  
*Roles: Contributed to study design; provided critical feedback on the manuscript*
47. Kong, K.L., **Anzman-Frasca, S.**, Fedra, D.M., Eiden, R.D., Sharma, N.N., Stier, C.L., & Epstein, L.H. (2016). Infant temperament is associated with relative food reinforcement. *Childhood Obesity*, *12*, 411-417.  
*Roles: Provided feedback on analyses and the manuscript, especially related to expertise in temperament*
48. Paul, I.M., Savage, J.S., **Anzman-Frasca, S.**, Marini, M., Mindell, J., & Birch, L.L. (2016). INSIGHT responsive parenting intervention and infant sleep. *Pediatrics*, *138*, e20160762.  
*Roles: Contributed to study design and execution, including intervention development; provided critical feedback on the manuscript*
49. Savage, J.S., Birch, L.L., Marini, M., **Anzman-Frasca, S.**, & Paul, I.M. (2016). INSIGHT responsive parenting intervention reduces rapid infant weight gain and overweight at age 1 year: A randomized clinical trial. *JAMA Pediatrics*, *170*, 742-749.  
*Roles: Contributed to study design and execution, including intervention development; provided critical feedback on the manuscript*
50. **Anzman-Frasca, S.**, Economos, C.D., Tovar, A., Boulos, R., Sliwa, S., Gute, D.M., Pirie, A., & Must, A. (2016). Depressive symptoms and weight status among women recently immigrating to the U.S. *Maternal and Child Health Journal*, *20*, 1578-1585.  
*Roles: Contributed to development of research questions for this secondary analysis; led data analysis and writing of the manuscript*



51. Sliwa, S., **Anzman-Frasca, S.**, Lynskey, V.M., Washburn, K., & Economos, C.D. (2016). Assessing the availability of healthier children's meals at leading quick-service and full-service restaurants. *Journal of Nutrition Education and Behavior*, 48, 242-249.  
*Roles: Contributed to study design and data analysis, provided critical feedback on the manuscript*
52. Folta, S.C., Koomas, A., Metayer, N., Fullerton, K.J., Hubbard, K.L., **Anzman-Frasca, S.**, Hofer, T., Nelson, M., Newman, M., Sacheck, J., & Economos, C.D. (2015). Engaging stakeholders from volunteer-led out-of-school-time programs in the dissemination of guiding principles for healthy snacking and physical activity. *Preventing Chronic Disease*, 12, E225.  
*Roles: Provided critical feedback on the manuscript as a member of the study team for the Healthy Kids Out of School project*
53. **Anzman-Frasca, S.**, Mueller, M.P., Lynskey, V.M., Harelick, L., & Economos, C.D. (2015). Orders of healthier children's items following menu modifications at a regional restaurant chain: Two-year follow-up. *Health Affairs*, 34, 1885-1892.  
*Roles: Major contributions to study design and execution; led data analysis and writing of the manuscript*
54. **Anzman-Frasca, S.**, Boulos, R., Hofer, T., Folta, S.C., Koomas, A., Nelson, M.E., Sacheck, J.M., & Economos, C.D. (2015). Validation of the Out-of-school-time Snacks, Beverages, and Physical Activity Questionnaire (OST-SBPA). *Childhood Obesity*, 11, 439-448.  
*Roles: Major contributions to study design and execution; led data analyses and the writing of the manuscript*
55. **Anzman-Frasca, S.**, Francis, L.A., & Birch, L.L. (2015). Inhibitory control is associated with psychosocial, cognitive, and weight outcomes in a longitudinal sample of girls. *Translational Issues in Psychological Science*, 1, 203-216.  
*Roles: Led design and execution of this secondary analysis; led data analyses and writing of the manuscript*
56. **Anzman-Frasca, S.**, Mueller, M.P., Sliwa, S., Dolan, P.R., Harelick, L., Roberts, S.B., Washburn K., & Economos, C.D. (2015). Changes in children's meal orders following healthy menu modifications at a regional US restaurant chain. *Obesity*, 23, 1055-1062.  
*Roles: Major contributions to study design and execution; led data analysis and writing of the manuscript*
57. Blondin, S., Djang, H.C., Metayer, N., **Anzman-Frasca, S.**, & Economos, C.D. (2015). "It's just so much waste." A qualitative investigation of food waste in a universal free School Breakfast Program. *Public Health Nutrition*, 18, 1565-1577.  
*Roles: Provided critical feedback on the manuscript as a member of the study team for an overarching Breakfast Initiative*

58. **Anzman-Frasca, S.**, Djang, H.C., Halmo, M., Dolan, P.R., & Economos, C.D. (2015). Estimating impacts of a Breakfast in the Classroom program on school breakfast participation, school attendance, and academic achievement. *JAMA Pediatrics*, *169*, 71-77. *Roles: Major contributions to study design and execution; led data analysis and writing of the manuscript*
59. Ventura, A.K., **Anzman-Frasca, S.**, & Garst, B.A. (2014). Mealtimes at residential summer camps: What are camp staff doing to promote campers' healthy eating behaviors? *Journal of Nutrition Education and Behavior*, *46*, 491-498. *Roles: Contributed to manuscript development; provided critical feedback on the manuscript*
60. Paul, I.M., Savage, J.S., **Anzman-Frasca, S.**, Beiler, J.S., Makova, K.D., Marini, M.E., Hess, L.B., Rzucidlo, S.E., Verdiglione, N., Mindell, J.A., & Birch, L.L. (2014). The Intervention Nurses Start Infants Growing on Healthy Trajectories (INSIGHT) study. *BMC Pediatrics*, *14*, 184. *Roles: Contributed to study design, including intervention development; provided critical feedback on the manuscript*
61. **Anzman-Frasca, S.**, Dawes, F.\* , Sliwa, S., Dolan, P.R., Nelson, M.E., Washburn, K., & Economos, C.D. (2014). Healthier side dishes at restaurants: An analysis of children's perspectives, menu content, and energy impacts. *International Journal of Behavioral Nutrition and Physical Activity*, *11*, 81. *Roles: Major contributions to study design and execution; led data analyses and manuscript writing*
62. **Anzman-Frasca, S.**, Newman, M.B., Angstrom, H.M., Sharma, S., Nelson, M.E., Dolan, P.R., & Economos, C.D. (2014). Parent perspectives on nutrition and physical activity during out-of-school time. *Journal of Nutrition Education and Behavior*, *46*, 156-163. *Roles: Contributed to development of research questions; led data analyses and manuscript writing*
63. **Anzman-Frasca, S.**, Stifter, C.A., Paul, I.M., & Birch, L.L. (2014). Negative temperament as a moderator of intervention effects in infancy: Testing a differential susceptibility model. *Prevention Science*, *15*, 643-653. *Roles: Led design and execution of this secondary analysis; led data analyses and writing of the manuscript*
64. **Anzman-Frasca, S.**, Stifter, C.A., Paul, I.M., & Birch, L.L. (2013). Infant temperament and maternal parenting self-efficacy predict child weight outcomes. *Infant Behavior and Development*, *36*, 494-497. *Roles: Led design and execution of this secondary analysis; led data analyses and writing of the manuscript*

65. **Anzman-Frasca, S.**, Liu, S., Gates, K.M., Paul, I.M., Rovine, M.J., & Birch, L.L. (2013). Infants' transitions out of a fussing/crying state are modifiable and are related to weight status. *Infancy*, 18, 662-686.  
*Roles: Led design and execution of this secondary analysis; led data analyses and writing of the manuscript*
66. **Anzman-Frasca, S.**, Savage, J.S., Marini, M.E., Fisher, J.O., & Birch, L.L. (2012). Repeated exposure and associative conditioning promote young children's liking of vegetables. *Appetite*, 58, 543-553.  
*Roles: Conducted literature review; contributed to data interpretation; led writing of the manuscript*
67. Stifter, C.A., **Anzman-Frasca, S.**, Birch, L.L., & Voegtline, K. (2011). Parent use of food to soothe infant/toddler distress and child weight status: An exploratory study. *Appetite*, 57, 693-699.  
*Roles: Contributed to study design and execution; provided critical feedback on the manuscript*
68. Paul, I.M., Savage, J.S., **Anzman, S.L.**, Beiler, J.S., Marini, M.E., Stokes, J.L., & Birch, L.L. (2011). Preventing obesity during infancy: A pilot study. *Obesity*, 19, 353-361.  
*Roles: Contributed to data management; provided critical feedback on the manuscript*
69. **Anzman, S.L.**, & Birch, L.L. (2009). Low inhibitory control and restrictive feeding practices predict weight outcomes. *The Journal of Pediatrics*, 155, 651-656.  
*Roles: Led design and execution of this secondary analysis; led data analyses and writing of the manuscript*

#### **Reviews:**

1. Balantekin, K., **Anzman-Frasca, S.**, Francis, L., Ventura, A., Fisher, J., & Johnson, S. (2020). Positive parenting approaches and their association with child eating and weight: A narrative review from infancy to adolescence. *Pediatric Obesity*, 15, e12722.  
*Roles: Developed section of manuscript focused on early childhood; provided critical feedback on the manuscript as a whole*
2. **Anzman-Frasca, S.**, Ventura, A.K., Ehrenberg, S.†, & Myers, K.P. (2018). Promoting healthy food preferences from the start: A narrative review of food preference learning from the prenatal period through early childhood. *Obesity Reviews*, 19, 576-604.  
*Roles: Led development and writing of manuscript*
3. Blondin, S., **Anzman-Frasca, S.**, Djang, H.C., & Economos, C.D. (2016). Breakfast consumption and adiposity among children and adolescents: an updated review of the literature. *Pediatric Obesity*, 11, 333-348.  
*Roles: Provided critical feedback on the manuscript as a member of the study team for an overarching Breakfast Initiative*

4. **Anzman-Frasca, S.**, Stifter, C.A., & Birch, L.L. (2012). Temperament and childhood obesity: A review of the literature. *Journal of Developmental & Behavioral Pediatrics, 33*, 732-745.  
*Roles: Conducted literature search; led manuscript writing*
5. Birch, L.L., & **Anzman-Frasca, S.** (2011). Promoting children's healthy eating in obesogenic environments: Lessons learned from the rat. *Physiology & Behavior, 104*, 641-645.  
*Roles: Contributed to literature searching and manuscript development; provided critical feedback on the manuscript*
6. Birch, L.L., & **Anzman, S.L.** (2010). Learning to eat in an obesogenic environment: A developmental systems perspective on childhood obesity. *Child Development Perspectives, 4*, 138-143.  
*Roles: Contributed to literature searching and manuscript development; provided critical feedback on the manuscript*
7. **Anzman, S.L.**, Rollins, B.Y., & Birch, L.L. (2010). Parents' influence on children's early eating environments and obesity risk: Implications for prevention. *International Journal of Obesity, 34*, 1116-1124.  
*Roles: Led literature searching and manuscript development*

**Commentary:**

1. Epstein, L.H., & **Anzman-Frasca, S.** (2017). The promise of early childhood self-regulation for obesity prevention. *Pediatrics, 139*, e20170389.  
*Roles: Contributed ideas and content for commentary and provided critical feedback on final version*

**Biography:**

1. **Anzman-Frasca, S.**, Davison, K.K., Fisher, J.O., Francis, L.A., Johnson, S.L., Lavner, J.A. Paul, I.M., Ventura, A.K., & Williams, J.S. (2020). Biography: Leann L. Birch, Ph.D. June 25, 1946 – May 26, 2019. *The Journal of Nutrition, 150*, 1343-1347.  
*Roles: Led development of section on Dr. Birch's early experimental research; worked in collaboration with authorship team to write and refine manuscript*

**Educational Materials:**

1. Folta, S.C., **Anzman-Frasca, S.**, Tsai, M., Johnson, S.K., Rossi, M., & Cash, S.B. (2020). Snack It Up for Parents: Brief videos and tip sheets for promoting vegetable snacks. *Journal of Nutrition Education and Behavior, 52*, 565-567.  
*Roles: Contributed to study execution and manuscript development; provided critical feedback on manuscript*

### ***Manuscripts Submitted to Peer-Reviewed Journals:***

1. Hernandez, E., Hohman, E.E., Ferrante, M.J.◇, **Anzman-Frasca, S.**, Paul, I.M., & Savage, J.S. (In Revision). Maternal infant feeding practices predict toddlers' dietary exposure patterns at age 2 years. *Journal of the Academy of Nutrition and Dietetics*.  
*Roles: Contributed to study design for the overarching study; provided critical feedback on the manuscript*
2. **Anzman-Frasca, S.**, Drozdowsky, J., Zayatz, C.†, & Holmbeck, K.† (Under Review). Effects of a randomized hiking intervention on daily activities, sleep, and stress among adults during the COVID-19 pandemic. *BMC Public Health*.  
*Roles: Designed and served as principal investigator of this study, conducted data analyses, and led manuscript writing*
3. Hollis-Hansen, K., Tan, S.†, Bargnesi, S.†, McGovern, L., Drozdowsky, J., Epstein, L.H., Leone, L.A., Mak, E.†, Masci, J., **Anzman-Frasca, S.** (Under Review). Feasibility and implementation of a behavioral grocery shopping intervention for adults diagnosed with or at risk for type 2 diabetes. *Public Health Nutrition*.  
*Roles: Senior author of manuscript and principal investigator of overarching study; contributed to aims and data analyses; provided critical feedback on the manuscript*
4. Goldsmith, J.†, Ferrante, M.J.◇, Tauriello, S.\*, Epstein, L.H., Leone, L., & **Anzman-Frasca, S.** (Under Review). Examining parent stress, child temperament, and child schooling/care location as predictors of eating behavior during the COVID-19 pandemic: Findings from a nationally representative survey. *Appetite*.  
*Roles: Senior author of manuscript and mentor of first author who completed this work as an undergraduate honors thesis; led design of overarching study; contributed to data analysis and provided critical feedback on the manuscript*

### **BOOK CHAPTERS**

1. **Anzman-Frasca, S.**, & Ehrenberg, S.† (2018). Learning to like: Roles of repeated exposure and other types of learning. In J. Lumeng & J.O. Fisher (Eds.), *Pediatric Food Preferences and Eating Behaviors* (pp. 35-52). London: Elsevier.
2. Birch, L.L., **Anzman-Frasca, S.**, & Paul, I.M. (2012). Starting early: Obesity prevention during infancy. In A. Drewnowski & B.J. Rolls (Eds.), *Nestle Nutrition Institute Workshop Series, Vol. 73: Obesity Treatment and Prevention: New Directions* (pp. 81-94). Basel: Karger Medical and Scientific Publishers.
3. Paul, I.M., Savage, J.S., **Anzman-Frasca, S.**, & Birch, L.L. (2012). Obesity prevention during infancy: A change of focus. In J.O. Fisher (topic Ed.), R.E. Tremblay, M. Boivin, & R.D.eV. Peters (Eds.), *Encyclopedia on Early Childhood Development*. Montreal, Quebec: Centre of Excellence for Early Childhood Development and Strategic Knowledge Cluster on Early Child Development.

4. Birch, L.L., & **Anzman-Frasca, S.** (2011). Learning to prefer the familiar in obesogenic environments. In H. van Goudoever, S. Guandalini, & R. Kleinman (Eds.), *Nestle Nutrition Institute Workshop Series Pediatric Program, Vol. 68: Early Nutrition: Impact on Short and Long-Term Health* (pp. 187-199). Basel: Karger Medical and Scientific Publishers.

## CONFERENCE PRESENTATIONS

*Trainees supervised by Dr. Anzman-Frasca are indicated as follows: ◇postdoctoral trainee, \*graduate student, ∞medical student, †undergraduate student.*

### ***Oral Presentations, International:***

1. White, H.\*, Holmbeck, K.†, Ratmansky, J.†, Kong, K.L., & **Anzman-Frasca, S.** (2022). A systematic review of early preventive parenting interventions: Long-term effects and implications for obesity prevention. International Society of Behavioral Nutrition and Physical Activity Annual Meeting, June 2022. Presented virtually as a recording on demand.
2. Ferrante, M.J.◇, Goldsmith, J.†, Tauriello, S.\*, Epstein, L.H., Leone, L.A., & **Anzman-Frasca, S.** (2021). U.S. families' food acquisition and restaurant use during the COVID-19 pandemic: Findings from a nationally representative survey. International Society of Behavioral Nutrition and Physical Activity Annual Meeting, virtual meeting, June 2021.
3. Goldsmith, J.†, Ferrante, M.J.◇, Tauriello, S.\*, Epstein, L.H., Leone, L.A., & **Anzman-Frasca, S.** (2021). Examining parent stress and child schooling/care location as predictors of restaurant-related behaviors during the COVID-19 pandemic: Findings from a nationally representative survey. International Society of Behavioral Nutrition and Physical Activity Annual Meeting, virtual meeting, June 2021.
4. Paul, I.M., Savage, J.S., **Anzman-Frasca, S.**, Marini, M.E., Beiler, J.S., Hess, L.B., Loken, E., & Birch, L.L. (2018). INSIGHT responsive parenting intervention effects on early childhood weight outcomes: A randomized clinical trial. Pediatric Academic Societies Annual Meeting, Toronto, ON, Canada, May 2018.
5. **Anzman-Frasca, S.**, Braun, A., Ehrenberg, S.†, Gampp, A., Leone, L., Singh, A., Tauriello, S.\*, & Epstein, L. (2017). Effects of an intervention promoting healthier children's meals on children's meal selection in a quick-service restaurant. Society for the Study of Ingestive Behavior Annual Meeting, Montreal, QC, Canada, July 2017. Awarded the Timothy J. Bartness Award for best presentation by a junior faculty member.
6. Chomitz, V., Duquesnay, P., Wright, C., Amin, S., **Anzman-Frasca, S.**, Chui, K., Economos, C., Nelson, M., & Sacheck, J.M. (2017). Physical activity programming in lower-income schools: Preliminary implementation results from the Fueling Learning through Exercise (FLEX) Study. International Society for Behavioral Nutrition and Physical Activity Annual Meeting, Victoria, BC, Canada, June 2017.

7. Pape, D., Curry, D., Faith, M., Singh, A., Epstein, L., & **Anzman-Frasca, S.** (2016). Designing a board game to promote delay of gratification. Irish Conference on Game-Based Learning, Dublin, Ireland, June 2016.
8. Mueller, M.P., **Anzman-Frasca, S.**, Folta, S.C., Shonkoff, E., & Economos, C.D. (2016). Changes in adult meal orders following the implementation of a healthier children's restaurant menu. International Society for Behavioral Nutrition and Physical Activity Annual Meeting, Cape Town, South Africa, June 2016.
9. **Anzman-Frasca, S.**, Folta, S.C., Angstrom, H., Brown, C.\*, Beets, M., Finley, A.M., Nelson, M., & Economos, C.D. (2015). Promoting healthy snacks during out-of-school time through grocery store partnerships: the Snack it Up pilot study. In symposium: Promoting Healthy Eating and Physical Activity during Out-Of-School Time (S. Anzman-Frasca, chair). International Society for Behavioral Nutrition and Physical Activity Annual Meeting, Edinburgh, Scotland, June 2015.

***Oral Presentations, National:***

1. Kubinieć, E., Tauriello, S.\*, Hernandez, E., Paul, I.M., Savage, J., & **Anzman-Frasca, S.** (2022). INSIGHT early-life responsive parenting intervention impacts child emotion regulation at age 6 years. Pediatric Academic Societies Annual Meeting, Denver, CO, April 2022.
2. Hernandez, E., Ruggiero, C.F., **Anzman-Frasca, S.**, Paul, I.M., & Savage, J.S. (2021). INSIGHT responsive parenting intervention effects on structure and control in feeding at 6 years. The Obesity Society Annual Meeting, virtual meeting, November 2021.
3. Tauriello, S.\*, Savage, J.S., Goldsmith, J.†, Kubinieć, E.†, Paul, I.M., & **Anzman-Frasca, S.** (2021). INSIGHT obesity preventive intervention effects on parenting and child behavior at 3 and 6 years. The Obesity Society Annual Meeting, virtual meeting, November 2021.
4. Kubinieć, E.†, Tauriello, S.\*, Hernandez, E., Ruggiero, C., Paul, I.M., Savage, J.S., & **Anzman-Frasca, S.** (2021). Child inhibitory control predicts weight outcomes in the INSIGHT cohort. Pediatric Academic Societies Annual Meeting, virtual meeting, May 2021.

5. **Anzman-Frasca, S.**, Tauriello, S.\*, Ehrenberg, S., & Ferrante, M.◇. (2021). Piloting new adaptations of established learning paradigms: Impacts on fruit and vegetable preferences in community contexts. In symposium: Expanding research on child food acceptance to include individual differences, innovative interventions, and under-represented populations (K. Moding & S. Anzman-Frasca, chairs). Society for Research in Child Development Biennial Meeting, virtual meeting, March 2021.
6. Moding, K., & **Anzman-Frasca, S.** (2021). Individual differences in children's willingness to try new foods: The role of temperament. In symposium: Expanding research on child food acceptance to include individual differences, innovative interventions, and under-represented populations (K. Moding & S. Anzman-Frasca, chairs). Society for Research in Child Development Biennial Meeting, virtual meeting, March 2021.
7. Tauriello, S.\*, Paul, I.M., Savage, J.S., Kubinieć, E.†, & **Anzman-Frasca, S.** (2020). INSIGHT responsive parenting intervention and child delay of gratification at 3 years. *Abstract accepted for oral presentation at the Pediatric Academic Societies Annual meeting, which was planned for May 2020 in Philadelphia, PA, but cancelled due to the COVID-19 pandemic. Published in abstract book.*
8. Hohman, E., Savage, J.S, **Anzman-Frasca, S.**, Buxton, O.M., Loken, E., & Paul, I.M. (2020). The INSIGHT responsive parenting intervention for firstborns impacts sleep of secondborns. *Abstract accepted for oral presentation at the Pediatric Academic Societies Annual meeting, which was planned for May 2020 in Philadelphia, PA, but cancelled due to the COVID-19 pandemic. Published in abstract book.*
9. Bleasdale, J.†, Kruger, J., Gampp, A., Kurtz, K., & **Anzman-Frasca, S.** (2019). Assessing the feasibility and efficacy of a health promotion intervention at a weekly food truck event. The National Conference on Undergraduate Research, Kennesaw, GA, April 2019.
10. Sacheck, J.M., Amin, S., **Anzman-Frasca, S.**, Chomitz, V., Chui, K., Duquesnay, P., Nelson, M., Wright, C., & Economos, C. (2018). Fueling Learning Through Exercise (FLEX): Long-term impact of school-based programs on children's moderate-to-vigorous physical activity. American College of Sports Medicine Annual Meeting, Minneapolis, MN, June 2018.
11. Attai, P.†, Kong, K.L., Ehrenberg, S.†, Kerr, K.†, Stier, C., & **Anzman-Frasca, S.** (2017). Infants' behaviors at the end of a food reinforcement task: An examination of the prevalence of different behaviors and their relationships with demographics and temperament. Florida International University McNair Scholars Research Conference, Miami, FL, October 2017.
12. Sacheck, J.M., Wright, C., Amin, S., **Anzman-Frasca, S.**, Chomitz, V., Chui, K., Nelson, M., & Economos, C. (2017). The Fueling Learning through Exercise (FLEX) Study: Short-term findings on sedentary time in lower-income schoolchildren. American College of Sports Medicine Annual Meeting, Denver, CO, June 2017.



13. Paul, I.M., Hohman, E.E., Loken, E., Savage, J.S., **Anzman-Frasca, S.**, Carper, P., Marini, M.E., & Birch, L.L. (2017). Mother-infant room sharing and sleep outcomes in the INSIGHT Study. Pediatric Academic Societies Annual Meeting, San Francisco, CA, May 2017.
14. **Anzman-Frasca, S.**, Paul, I.M., Moding, K., Savage, J.S., and Birch, L.L. (2016). Effects of Insight obesity intervention on parent-reported and observed infant temperament. Poster abstract selected for complementary oral presentation in a showcase of top Early Career abstracts and awarded 1<sup>st</sup> place. The Obesity Society Annual Meeting, New Orleans, LA, November 2016.
15. Hohman, E.E., Paul, I.M., **Anzman-Frasca, S.**, Birch, L.L., & Savage, J.S. (2016). INSIGHT responsive parenting intervention reduces exposure to high energy density foods but not beverages among infants with higher temperamental negativity. The Obesity Society Annual Meeting, New Orleans, LA, November 2016.
16. Economos, C.D., **Anzman-Frasca, S.**, Koomas, A., Folta, S., Fullerton, K., Gonsalves, D., Sacheck, J., Brown, C.\*, & Nelson, M.E. (2016). Effectiveness of the Healthy Kids Out of School (HKOS) program. Society for Behavioral Medicine Annual Meeting, Washington, DC, April 2016.
17. Savage, J.S., **Anzman-Frasca, S.**, Marini, M.E., Mindell, J.A., Birch, L.L., & Paul, I.M. (2015). Childhood obesity preventive intervention improves infant sleep duration and sleep hygiene. The Obesity Society Annual Meeting, Los Angeles, CA, November 2015.
18. Savage, J.S., Paul, I.M., Marini, M., **Anzman-Frasca, S.**, Beiler, J., & Birch, L.L. Parenting intervention reduces infant rapid weight gain. Pediatric Academic Societies Annual Meeting, San Diego, CA, April 2015.
19. Lynskey, V.M., **Anzman-Frasca, S.**, Hubbard, K., Harellick, L., Sharma, S., & Economos, C.D. (2015). Parental awareness of calorie recommendations for children. Experimental Biology Annual Meeting, Boston, MA, March 2015.
20. **Anzman-Frasca, S.**, Paul, I.M., & Birch, L.L. (2012). The relationship between observed infant negativity and weight gain is moderated by early parenting self-efficacy. In symposium: Temperament and childhood obesity: Longitudinal links between weight outcomes and infant negativity, surgency, and self-regulation (S. Anzman-Frasca, chair). International Conference on Infant Studies Biennial Meeting, Minneapolis, MN, June 2012.
21. **Anzman-Frasca, S.**, Dolan, P., Mueller, M.P., Sliwa, S., Washburn, K., Economos, C.D. (2014). Changes in children's meal orders following healthy menu modifications at a regional US restaurant chain. International Society for Behavioral Nutrition and Physical Activity Annual Meeting, San Diego, CA, May 2014.

22. **Anzman-Frasca, S.**, Djang, H.C., Halmo, M., Blondin, S., Dolan, P.R., Sharma, S., Smith, K., Nelson, M.E., & Economos, C.D. (2013). Evaluation of a breakfast in the classroom program's impact on nutritional, health, behavioral, and academic outcomes. American Public Health Association Annual Meeting, Boston, MA, November 2013.
23. Economos, C.D., Angstrom, H., **Anzman-Frasca, S.**, Dolan, P.R., Newman, M.B., Sharma, S., & Nelson, M.E. (2013). Parents' perceptions of the importance and availability of nutrition and physical activity offerings in out-of-school time programs. Experimental Biology Annual Meeting, Boston, MA, April 2013.
24. Rose, C.M., Marini, M., **Anzman-Frasca, S.**, Savage, J.S., Paul, I.M., & Birch, L.L. (2012). Parity predicts excessive gestational weight gain and higher infant birth weight among women intending to breastfeed. The Obesity Society Annual Meeting, San Antonio, TX, September 2012.
25. Lai, M.H., Solmeyer, A.R., **Anzman-Frasca, S.**, Shiyko, M., & Vasilenko, S.A. (2011). Identifying patterns of risky drinking and injuries using the ICARIS-2 dataset: Are there additional risks for Hispanics? National Hispanic Science Network International Conference, Coral Gables, FL, August 2011.
26. **Anzman-Frasca, S.**, Lai, M.H., Solmeyer, A.R., Shiyko, M., & Vasilenko, S.A. (2011). Identifying patterns of risky drinking and injuries. Society for Prevention Research Annual Meeting, Washington, D.C., May 2011.
27. Paul, I.M., Marini, M.E., Beiler, J.S., Savage, J.S., Stokes, J.L., **Anzman, S.L.**, & Birch, L.L. (2010). Preventing obesity during infancy. International Conference on Infant Studies Biennial Meeting, Baltimore, MD, March 2010.
28. Stifter, C.A., Birch, L.L., Savage, J.S., Voegtline, K.M., Dollar, J.M., & **Anzman, S.L.** (2010). Infant temperament, feeding to soothe, and weight gain. International Conference on Infant Studies Biennial Meeting, Baltimore, MD, March 2010.
29. Paul, I.M., Marini, M.E., Beiler, J.S., Savage, J.S., Stokes, J.L., **Anzman, S.L.**, & Birch, L.L. (2009). Preventing obesity during infancy. The Obesity Society Annual Meeting, Washington, D.C., October 2009.
30. **Anzman, S.L.**, & Birch, L.L. (2008). Low inhibitory control predicts weight gain and overweight risk in a longitudinal study of girls. Plenary Oral Presentation. The Obesity Society Annual Meeting, Phoenix, AZ, October 2008.

***Oral Presentations, Regional:***

1. Rahman, M.†, Tauriello, S.\*, Kubiniec, E., Goldsmith, J., Savage, J.S., Paul, I.M., & **Anzman-Frasca, S.** (2021). Coding self-regulation behaviors in 6 year olds. University at Buffalo Undergraduate Research Conference, virtual meeting, July 2021.

2. Goldsmith, J.†, Ferrante, M.J.◇, Tauriello, S.\*, Epstein, L.H., Leone, L.A., & **Anzman-Frasca, S.** (2021). Examining parent stress and child schooling/care location as predictors of restaurant-related behaviors during the COVID-19 pandemic: Findings from a nationally representative survey. University at Buffalo Celebration of Academic Excellence, virtual meeting, April 2021. *This project was selected as the winning undergraduate project from the School of Medicine and Biomedical Sciences, receiving an Excellence in Research, Scholarship, and Creativity Award.*
3. Tan, S.†, Lassetter, L.†, Bargnesi, S.†, McGovern, L., Drozdowsky, J., Epstein, L.H., Leone, L., Hollis-Hansen, K., & **Anzman-Frasca, S.** (2021). Implementing a remote grocery shopping intervention designed to improve adherence to a diabetic diet. University at Buffalo Celebration of Academic Excellence, virtual meeting, April 2021.
4. Dadzie, A.†, Tauriello, S.\*, Goldsmith, J.†, Kubinieć, E.†, Savage, J.S., Paul, I.M., & **Anzman-Frasca, S.** (2021). Examining parenting sensitivity during a parent-child interaction among INSIGHT Study participants at child age 6 years. University at Buffalo Celebration of Academic Excellence, virtual meeting, April 2021.
5. Kubinieć, E.†, Tauriello, S.\*, Hernandez, E., Ruggiero, C., Paul, I.M., Savage, J.S., & **Anzman-Frasca, S.** (2021). Child inhibitory control predicts weight outcomes in the INSIGHT cohort. University at Buffalo Celebration of Academic Excellence, virtual meeting, April 2021.
6. Tauriello, S.\*, Moding, K., Aronoff, N., Kubinieć, E.†, & **Anzman-Frasca, S.** (2021). Temperamental negative reactivity, eating, and weight outcomes in young children: An updated systematic review of the literature. University at Buffalo Celebration of Academic Excellence, virtual meeting, April 2021.
7. Attai, P.†, Kong, K.L., Ehrenberg, S.†, Kerr, K.†, Stier, C., & **Anzman-Frasca, S.** (2017). Relationships between demographics and infant behaviors at the end of a food reinforcement task. The Annual University at Buffalo Undergraduate Research Conference, Niagara Falls, NY, July 2017.
8. **Anzman-Frasca, S.**, Pape, D., Curry, D., Faith, M., Singh, A., & Epstein, L. (2017). Evaluating a board game designed to promote young children's delay of gratification. University at Buffalo Ingestive Behavior Research Day, May 2017.
9. Shonkoff, E., **Anzman-Frasca, S.**, Lynskey, V., Chan, G.\*, Glenn, M., & Economos, C. (2017). Child and parent perspectives on healthier side dishes and beverages in restaurant kids' meals: Results from a national survey in the US. Tufts University Future of Food and Nutrition Student Conference, Boston, MA, April 2017.

10. Attai, P.†, Kong, K.L., Ehrenberg, S.†, Kerr, K.†, Stier, C., & **Anzman-Frasca, S.** (2016, 2017). Coding infant behavior at the end of a food reinforcement task. The Annual University at Buffalo Undergraduate Research Conference, Niagara Falls, NY, July 2016, and the University of Maryland National Conference for McNair Scholars and Undergraduate Research, College Park, MD, March 2017.
11. **Anzman-Frasca, S.**, Paul, I.M., Moding, K.J., Savage, J.S., & Birch, L.L. (2016). Effects of the INSIGHT obesity intervention on parent perceptions of infant temperament. University at Buffalo Ingestive Behavior Research Day, Buffalo, NY, April 2016.

***Poster Presentations:***

1. White, H.\*, Kubiniec, E., Savell, M.\*, Eiden, R., Epstein, L., Fabiano, G., Kong, K.L., & **Anzman-Frasca, S.** (Accepted). Play With Me: Effects of a shared activities intervention on positive parenting. To be presented at the Society for Research in Child Development Biennial Meeting, Salt Lake City, UT, March 2023.
2. Ferrante, M.J.◇, Epstein, L.H., Leone, L.A., Hollis-Hansen, K., McGovern, L., & **Anzman-Frasca, S.** (2022). Effect of a default grocery shopping intervention among families with obesity: A secondary analysis. The Obesity Society Annual Meeting, San Diego, CA, November 2022. *Presented in-person and virtually.*
3. Ferrante, M.J.◇, Patterson, E., Goldsmith, J., Epstein, L.H., Haines, J., Leone, L.A., & **Anzman-Frasca, S.** (2022). Fidelity and feasibility of food photography in a restaurant-based intervention for children. The Obesity Society Annual Meeting, San Diego, CA, November 2022. *Presented in-person and virtually.*
4. Zayatz, C.†, Drozdowsky, J., Holmbeck, K.†, & **Anzman-Frasca, S.** (2022). Effects of a hiking intervention on daily activities, sleep, and stress among adults during the COVID-19 pandemic: A replication study. The Obesity Society Annual Meeting, San Diego, CA, November 2022. *Presented in-person and virtually.*
5. Anderson, H.†, Ferrante, M.J.◇, Tauriello, S.\*, **Anzman-Frasca, S.** (2022). Differences in food parenting at home versus restaurants among parents of 3-to-8-year-old children. The Obesity Society Annual Meeting, San Diego, CA, November 2022. *Presented virtually.*
6. Goldsmith, J., Ferrante, M.J.◇, Tauriello, S.\*, Epstein, L.H., Haines, J., Leone, L.A., & **Anzman-Frasca, S.** (2022). Investigating the feasibility of a remote implementation of an in-restaurant intervention. American Society for Nutrition Annual Meeting, June 2022, virtual meeting.
7. Rahman, M.†, Le, C.†, Kibler, K.†, Tauriello, S.\*, Kubiniec, E., Goldsmith, J., Savage, S., Paul, I.M., & **Anzman-Frasca, S.** (2022). Examining self-regulation among 6-year-old children in the INSIGHT Study. Perry Poster Day, University at Buffalo, Buffalo, NY, April 2022. *Received Perry Poster Award.*

8. White, H.\*, Holmbeck, K.†, Ratmansky, J.†, Kong, K.L., & **Anzman-Frasca, S.** (2022). A systematic review of early preventive parenting interventions: Long-term effects and implications for obesity prevention. University at Buffalo Celebration of Academic Excellence, Buffalo, NY, April 2022.
9. Zayatz, C.†, Drozdowsky, J., Holmbeck, K.†, & Anzman-Frasca, S. (2022). Effects of a hiking intervention on daily activities, sleep, and stress among adults during the COVID-19 pandemic: A replication study. University at Buffalo Celebration of Academic Excellence, Buffalo, NY, April 2022.
10. Anderson, H.†, Ferrante, M.J.◇, Tauriello, S.\*, & **Anzman-Frasca, S.** (2022). An online survey examining food parenting at home and in restaurants. University at Buffalo Celebration of Academic Excellence, Buffalo, NY, April 2022.
11. Drozdowsky, J., Zayatz, C.†, & **Anzman-Frasca, S.** (2022). Effects of a hiking intervention on daily activities, sleep, and stress among adults during the COVID-19 pandemic. The Society for Behavioral Medicine Annual Meeting, Baltimore, MD, April 2022.
12. Zayatz, C.†, Drozdowsky, J., & **Anzman-Frasca, S.** (2022). Associations between daily activities, stress, and sleep among adults during the COVID-19 pandemic. The Society for Behavioral Medicine Annual Meeting, Baltimore, MD, April 2022.
13. Kong, K.L., Shisler, S., Eiden, R.D., **Anzman-Frasca, S.**, & Szabat, J. (2021). Examining the relationship between infant weight status and parent-infant interactions within a food and non-food context. The Obesity Society Annual Meeting, virtual meeting, November 2021.
14. Hollis-Hansen, K., Ferrante, M.◇, Goldsmith, J., & **Anzman-Frasca, S.** (2021). Family food insecurity and children's restaurant behaviors during the COVID-19 pandemic. Presented virtually at the National Institutes of Health Nutrition Health Disparities Workshop, September 2021, and The Obesity Society Annual Meeting, November 2021.
15. Rahman, M.†, Tauriello, S.\*, Kubiniec, E., Goldsmith, J., Savage, J.S., Paul, I.M., & **Anzman-Frasca, S.** (2021). Coding self-regulation behaviors in 6 year olds. Collegiate Science and Technology Entry Program (CSTEP) Annual Research Symposium, Buffalo, New York, July 2021. *Selected as one of the "top 6" presentations.*
16. Tauriello, S.\*, Moding, K., Aronoff, N., Kubiniec, K.†, & **Anzman-Frasca, S.** (2021). Temperament, eating, and weight outcomes in young children: An updated systematic review of the literature. Society for the Study of Ingestive Behavior Annual Meeting, virtual meeting, July 2021.
17. Ferrante, M.J.◇, Goldsmith, J.†, Tauriello, S.\*, & **Anzman-Frasca, S.** (2021). Parent-reported changes to children's eating during the COVID-19 pandemic. Society for the Study of Ingestive Behavior Annual Meeting, virtual meeting, July 2021.

18. **Anzman-Frasca, S.**, McGovern, L., Drozdowsky, J., Lassetter, L.†, Tan, S.†, Epstein, L.H., Leone, L., Ferrante, M.J.◇, & Hollis-Hansen, K. (2021). Effects of a grocery shopping intervention on purchases among adults diagnosed with or at risk for type 2 diabetes. Society for the Study of Ingestive Behavior Annual Meeting, virtual meeting, July 2021.
19. Tan, S.†, Lassetter, L.†, Bargnesi, S.†, McGovern, L., Drozdowsky, J., Epstein, L.H., Leone, L., Hollis-Hansen, K., & **Anzman-Frasca, S.** (2021). Implementing a remote grocery shopping intervention designed to improve adherence to a diabetic diet. Society for the Study of Ingestive Behavior Annual Meeting, virtual meeting, July 2021.
20. Moding, K., **Anzman-Frasca, S.**, Kielb, E. (2021). Early temperamental reactivity and infants' responses to novel foods at 6 months of age. American Society for Nutrition Annual Meeting, virtual meeting, June 2021.
21. White, H.\*, Eiden, R., Savell, M.\*, Epstein, L., Fabiano, G., Kong, K.L., Tauriello, S.\*, **Anzman-Frasca, S.** (2021). Play With Me: The development of a positive parenting intervention to promote healthy eating among young children. The Society for Research in Child Development Biennial Meeting, virtual meeting, March 2021.
22. Tauriello, S.\*, McGovern, L., Bartholomew, B., Epstein, L., Leone, L., Goldsmith, J.†, Kubiniec, E.†, & Anzman-Frasca, S. (2020). Taste ratings of healthier main and side dishes among children in a quick-service restaurant chain. The Obesity Society Annual Meeting, virtual meeting, November 2020.
23. Hohman, E., Savage, J.S, **Anzman-Frasca, S.**, Buxton, O.M., Loken, E., & Paul, I.M. (2020). The INSIGHT responsive parenting intervention for firstborns impacts sleep of secondborns. The Obesity Society Annual Meeting, virtual meeting, November 2020.
24. McGovern, L., Lassetter, L.†, Tan, S.†, Drozdowsky, J., Epstein, L., Hollis-Hansen, K., Leone, L., Masci, J., & **Anzman-Frasca, S.** (2020). Implementing a remote grocery shopping intervention designed to improve adherence to a diabetic diet. The University at Buffalo Annual Clinical and Translational Research Colloquium, virtual meeting, October 2020.
25. Mueller, M., **Anzman-Frasca, S.**, Alter, K., Folta, S., Nobari, T., van der Lippe, T., Wang, M., Wilson, N. (2020). Busier parents are more likely to eat fast food: Findings from the American Time Use Study. *Abstract accepted for the International Society for Behavioral Nutrition and Physical Activity Annual Meeting, which was planned for June 2020 in Auckland, New Zealand, but cancelled due to the COVID-19 pandemic. To be published in abstract book.*

26. Folta, S., **Anzman-Frasca, S.**, Tsai, M., Goldberg, J.P., Johnson, S., & Cash, S.B. (2020). Helping parents provide vegetable snacks: Identifying an impactful store discount magnitude and factors that influence appeal. *Abstract accepted for the Society for Behavioral Medicine's Annual Meeting, which was planned for April 2020 in San Francisco, CA, but cancelled due to the COVID-19 pandemic.*
27. Wedderburn, A.†, Savell, M., Kong, K.L., Fisher, J., Epstein, L., & **Anzman-Frasca, S.** (2020). Examining child appetitive traits and parent snack feeding practices as predictors of the relative reinforcing value of food in preschoolers. The Western New York Undergraduate Psychology Conference, virtual meeting, April 2020.
28. Savell, M.\*, Eiden, R.D., Kong, K.L., Tauriello, S.\*, Epstein, L., Fabiano, G., Reardon, K.∞, & **Anzman-Frasca, S.** Development of a measure of the relative reinforcing value of food versus parent-child interaction. The Obesity Society Annual Meeting, Las Vegas, NV, November 2019.
29. Reardon, K.∞, Singh, A., Tauriello, S.\*, & **Anzman-Frasca, S.** (2019). Examining associations between parent feeding styles and young children's delay of gratification. The Obesity Society Annual Meeting, Las Vegas, NV, November 2019.
30. **Anzman-Frasca, S.**, Sharpe, B., Kong, K.L., Epstein, L., Singh, A., & Eiden, R.D. (2019). Using positive parent-child interactions to promote healthy eating among preschoolers: A pilot study. The Obesity Society Annual Meeting, Las Vegas, NV, November 2019.
31. Desai, G., **Anzman-Frasca, S.**, Vernarelli, J.A., Ravenscroft, J., Yang, J., Burstein, G., & Kordas, K. (2019). Dietary intake and blood lead concentrations among 12-to-36-month-old participants of the 2009-2014 NHANES. The Society for Epidemiologic Research Annual Meeting, Minneapolis, MN, June 2019.
32. Bleiweiss-Sande, R., Chui, K., Wright, C., **Anzman-Frasca, S.**, Amin, S., & Sackeek, J. (2019). Associations between dietary intake patterns, cognition, and academic achievement in 3<sup>rd</sup> and 4<sup>th</sup> grade children from the Fueling Learning through Exercise Study. The American Society for Nutrition Annual Meeting, Baltimore, MD, June 2019.
33. Tauriello, S.\*, Bowker, J., Wilding, G., & **Anzman-Frasca, S.** (2019). Using associative conditioning with a positive peer context to increase children's preferences for vegetables. University at Buffalo Ingestive Behavior Research Day, Buffalo, NY, and the Association for Psychological Science Annual Convention, Washington, DC, May 2019.
34. Bleasdale, J.†, Kruger, J., Gampp, A., Kurtz, K., & **Anzman-Frasca, S.** (2019). Assessing the feasibility and efficacy of a health promotion intervention at a weekly food truck event. University at Buffalo Ingestive Behavior Research Day, Buffalo, NY, May 2019.
35. Bleasdale, J.†, Kruger, J., Gampp, A., Kurtz, K., & **Anzman-Frasca, S.** (2019). Assessing the feasibility of point-of-sale prompting and product sampling as health promotion strategies at a weekly food truck event. University at Buffalo Celebration of Academic Excellence, Buffalo, NY, April 2019.

36. Mak, E.†, & **Anzman-Frasca, S.** (2019). Using behavioral economics strategies to modify food choices during grocery shopping: A literature review. University at Buffalo Celebration of Academic Excellence, Buffalo, NY, April 2019.
37. Hyczko, A.V., Hohman, E.E., Birch, L.L., **Anzman-Frasca, S.**, Savage, J.S., & Paul, I.M. (2019). Sex differences in maternal restrictive feeding practices in the INSIGHT Study. The Pediatric Academic Societies Annual Meeting, Baltimore, MD, April 2019.
38. Kong, K., Titus, A., **Anzman-Frasca, S.**, Dharmavaran, P., Gerard, K., & Epstein, L. (2018). Sucking as a measure of food reinforcement in young infants. The Obesity Society Annual Meeting, Nashville, TN, November 2018.
39. Dharmavaram, P., Kong, K., **Anzman-Frasca, S.**, Epstein, L., & Titus, A.H. (2018). Development of a human infant feeding reinforcement system. Annual International Conference of the IEEE Engineering in Medicine and Biology Society, Honolulu, HI, July 2018.
40. Tauriello, S.\*, Bowker, J., & **Anzman-Frasca, S.** (2018). Associations between parental control and children's eating behaviors in a quick-service restaurant. University at Buffalo Ingestive Behavior Research Day, Buffalo, NY, May 2018, and Society for the Study of Ingestive Behavior Annual Meeting, July 2018.
41. Reardon, K.†, & **Anzman-Frasca, S.** (2018). Examining young children's delay of gratification behavior via a board game played in a naturalistic setting. University at Buffalo Celebration of Academic Excellence, Buffalo, NY, April 2018.
42. Ehrenberg, S.†, Leone, L., & **Anzman-Frasca, S.** (2018). Testing repeated exposure to target fruits and vegetables through hands-on cooking as a way to increase children's preferences for these foods. University at Buffalo Celebration of Academic Excellence, Buffalo, NY, April 2018.
43. Dharmavaram, P., Kong, K., **Anzman-Frasca, S.**, Epstein, L., & Titus, A.H. (2018). Infant Feeding Reinforcement System for obesity prediction. Annual IEEE International Conference on Wearable and Implantable Body Sensor Networks, Las Vegas, NV, March 2018.
44. **Anzman-Frasca, S.**, Amin, S.A., Wright, C.M., Chomitz, V.R., Economos, C.D., & Sacheck, J.M. (2017). Associations between sedentary time and executive functioning among low-income schoolchildren. The Obesity Society Annual Meeting, Washington, DC, November 2017.
45. McNally, S., Patel, A., Bowman, K., Beleche, M., Folta, S., **Anzman-Frasca, S.** (2017). Development and assessment of a restaurant-based fundraising program to promote healthier menu options and support school wellness programs. International Society for Behavioral Nutrition and Physical Activity Annual Meeting, Victoria, BC, June 2017.



46. **Anzman-Frasca, S.**, Tauriello, S.\*, Morris, J., Braun, A., Ehrenberg, S.†, Gampp, A., Leone, L., Singh, A., & Epstein, L. (2017). Developing an intervention to promote healthier meal selection and intake among children in restaurants. University at Buffalo Ingestive Behavior Research Day, Buffalo, NY, May 2017.
47. **Anzman-Frasca, S.**, Pape, D., Curry, D., Faith, M.S., Singh, A., & Epstein, L.H. (2017). Evaluating a board game designed to promote young children's delay of gratification. Society for Research in Child Development Biennial Meeting, Austin, TX, April 2017.
48. Attai, P.†, Kong, K., Ehrenberg, S.†, Kerr, K.†, Stier, C., & **Anzman-Frasca, S.** (2017). An examination of infant behaviors at the end of a food reinforcement task. University at Buffalo Celebration of Academic Excellence, Buffalo, NY, and Western SUNY Undergraduate Research Conference, Fredonia, NY, April 2017. *Awarded an Excellence in Research, Scholarship, and Creativity Award from the University at Buffalo.*
49. Bleasdale, J.†, Reardon, K.†, Singh, A., Curry, D., Epstein, L., Faith, M., Pape, D., & **Anzman-Frasca, S.** (2017). Describing young children's decision-making in the context of a board game designed to promote delay of gratification skills. University at Buffalo Celebration of Academic Excellence, Buffalo, NY, April 2017.
50. Folta, S.C., Lebron-Torres, N., **Anzman-Frasca, S.**, Halmo, M., Angstrom, H., Koomas, A., Johnson, S., Smith, N., Shi, S., Van Roosebeke, D., & Cash, S. (2017). Snack it Up for parents: A pilot trial to improve children's snacks. Society for Behavioral Medicine Annual Meeting, San Diego, CA, March 2017.
51. Lopez, N.V., Folta, S.C., Glenn, M.P., Lynskey, V.M., Patel, A.A., **Anzman-Frasca S.** (2017). Promoting healthier children's meals at quick-service and full-service restaurants: Results from a feasibility study. Society for Behavioral Medicine Annual Meeting, San Diego, CA, March 2017.
52. Bowman, K.N., McNally, S., Beleche, M., **Anzman-Frasca, S.**, Folta, S.C., & Patel, A. (2017). Schoolicious! A restaurant-based fundraising program contributing to school wellness programs. The Art & Science of Health Promotion Conference, Colorado Springs, CO, March 2017.
53. Hatfield, D., **Anzman-Frasca, S.**, Harellick, L., Hennessy, E., Sharma, S., Shonkoff, E., & Economos, C. (2016). Translating evidence to action: A case study from ChildObesity180. The National Institute of Health's Annual Conference on the Science of Dissemination and Implementation, Washington, DC, December 2016.
54. **Anzman-Frasca, S.**, Paul, I.M., Moding, K., Savage, J.S., and Birch, L.L. (2016). Effects of Insight obesity intervention on parent-reported and observed infant temperament. The Obesity Society Annual Meeting, New Orleans, LA, November 2016.

55. Attai, P.†, Kong, K., Ehrenberg, S.†, Kerr, K.†, Stier, C., & **Anzman-Frasca, S.** (2016). The food reinforcement task: Coding behaviors signifying infants are “all done”. GEM Grad Lab symposium, Binghamton University, Binghamton, NY, October 2016.
56. Mueller, M.P., Wilde, P., **Anzman-Frasca, S.**, Folta, S.C., & Economos, C.D. (2016). Healthy children’s menu changes in restaurants: Evaluating industry trends over the past decade. International Society for Behavioral Nutrition and Physical Activity Annual Meeting, Cape Town, South Africa, June 2016.
57. Shonkoff, E.T., **Anzman-Frasca, S.**, Lynskey, V.M., & Economos, C.D. (2016). Children's views on healthier side dishes at restaurants: Exploring changes over time and intersections with parents’ views. International Conference on Obesity, Vancouver, BC, Canada, May 2016.
58. **Anzman-Frasca, S.**, Pape, D., Ehrenberg, S.†, Porzi, C.†, Singh, A., Faith, M., & Epstein, L.H. (2016). Developing a board game to promote young children’s delay of gratification. University at Buffalo Ingestive Behavior Research Day, Buffalo, NY, April 2016.
59. **Anzman-Frasca, S.**, Folta, S.C., Glenn, M.P., Lynskey, V.M., Lopez, N., & Hill, E. (2015). Assessment of parent and child perspectives on meal selection within quick-service and full-service restaurants. The Obesity Society Annual Meeting, Los Angeles, CA, November 2015.
60. **Anzman-Frasca, S.**, Glenn, M.P., Chan, G.\*, Lynskey, V.M., & Economos, C.D. (2015). Children's perspectives on healthier side dish and beverage options in restaurants. The Obesity Society Annual Meeting, Los Angeles, CA, November 2015.
61. Mueller, M.P., **Anzman-Frasca, S.**, Blakely, C., & Economos, C.D. (2015). Ordering patterns following the implementation of a healthier children’s restaurant menu: A latent class analysis. The Obesity Society Annual Meeting, Los Angeles, CA, November 2015.
62. Cohen, J.F.W., Roberts, S.B., **Anzman-Frasca, S.**, Lynskey, V.M., Matthews, E., Mueller, M.P., Sharma, S., & Economos, C.D. (2015). Children’s consumption of foods in quick-service restaurants determined using plate waste methodology. The Obesity Society Annual Meeting, Los Angeles, CA, November 2015.
63. **Anzman-Frasca, S.**, Mueller, M.P., Harellick, L., Lynskey, V.M., & Economos, C.D. (2015). Changes in children’s meal orders following healthy menu modifications at a regional US restaurant chain: One year follow-up. International Society for Behavioral Nutrition and Physical Activity Annual Meeting, Edinburgh, Scotland, May 2015.
64. Sliwa, S., **Anzman-Frasca, S.**, Lynskey, V.M., Washburn, K., & Economos, C.D. (2014). Current availability of kids' meals with  $\leq 600$  calories at leading quick-service restaurants. The Obesity Society Annual Meeting, Boston, MA, November 2014.

65. Blondin, S., Djang, H.C., Metayer, N., **Anzman-Frasca, S.**, & Economos, C.D. (2014). "It's just so much waste." A qualitative exploration of food waste in a universal free Breakfast in the Classroom program. Tufts University Future of Food and Nutrition Student Conference, Boston, MA, March 2014, and Association for the Study of Food and Society/Agriculture, Food, and Human Values Society Conference, Burlington, VT, June 2014.
66. **Anzman-Frasca, S.**, Economos, C.D., Tovar, A., Sliwa, S., Gute, D.M., Pirie, A., & Must, A. (2013). Relationships between maternal depressive symptoms and BMI in new immigrants. The Obesity Society Annual Meeting, Atlanta, GA, November 2013.
67. **Anzman-Frasca, S.**, Hyatt, R.R., Kraak, V., & Economos, C.D. (2013). The role of children's perceived parental support in an obesity intervention targeting low-income rural schools and communities. The Obesity Society Annual Meeting, Atlanta, GA, November 2013.
68. Sliwa, S., **Anzman-Frasca, S.**, Dawes, F., Washburn, K., & Economos, C.D. (2013). Caloric impact of substituting healthier side dishes and beverages for traditional options on children's menus. The Obesity Society Annual Meeting, Atlanta, GA, November 2013.
69. **Anzman-Frasca, S.**, Dawes, F., Dolan, P.R., Nelson, M.E., Sliwa, S., Washburn, K., & Economos, C.D. (2013). Perceptions about meals eaten at restaurants in a nationally representative sample of US children. International Society for Behavioral Nutrition and Physical Activity Annual Meeting, Ghent, Belgium, May 2013.
70. **Anzman-Frasca, S.**, Savage, J.S., James, B.L., & Birch, L.L. (2013). Factor analysis of the Infant Behavior Questionnaire-Very Short Form in a low-income sample. Society for Research in Child Development Biennial Meeting, Seattle, WA, April 2013.
71. **Anzman-Frasca, S.**, Francis, L.A., & Birch, L.L. (2012). Lower inhibitory control at age 7 predicts poorer physical, cognitive, and psychological adolescent outcomes in a longitudinal sample of girls. The Obesity Society Annual Meeting, San Antonio, TX, September 2012.
72. **Anzman-Frasca, S.**, Paul, I.M., & Birch, L.L. (2012). Using latent class analysis to characterize infant feeding mode and its relationship with infant weight status and demographics. The Obesity Society Annual Meeting, San Antonio, TX, September 2012.
73. Rose, C.M., Marini, M., **Anzman-Frasca, S.**, Savage, J.S., Paul, I.M., & Birch, L.L. (2012). Does gestational weight gain predict infant birth weight above and beyond pre-pregnancy BMI in a large, diverse sample? Pennsylvania State University Graduate Research Exhibition, University Park, PA, March 2012.
74. Rose, C.M., **Anzman-Frasca, S.**, Savage, J.S., Paul, I.M., & Birch, L.L. (2011). Does gestational weight gain predict infant birth weight above and beyond pre-pregnancy BMI? Penn State Hershey Diabetes and Obesity Institute Fall Research Poster Forum, University Park, PA, November 2011.

75. **Anzman-Frasca, S.**, Liu, S., Gates, K., Rovine, M., Paul, I.M., & Birch, L.L. (2011). Using multiple methods to investigate infant behaviors over time in the context of a childhood obesity intervention. Society for Research on Child Development Biennial Meeting, Montreal, QC, Canada, April 2011.
76. Stifter, C.A., **Anzman-Frasca, S.**, Lickenbrock, D.M., Voegtline, K.M. (2011). The role of temperament and feeding to soothe in rapid weight gain during infancy: Precursors of childhood obesity. Society for Research on Child Development Biennial Meeting, Montreal, QC, Canada, April 2011.
77. **Anzman-Frasca, S.**, Stifter, C.A., Paul, I.M., & Birch, L.L. (2011). Effects of a behavioral childhood obesity intervention on infant temperament. Society for Research on Child Development Biennial Meeting, Montreal, QC, Canada, March 2011.
78. **Anzman-Frasca, S.**, Paul, I.M., & Birch, L.L. (2010). Sleep in early infancy predicts weight-for-length percentiles at one year. The Obesity Society Annual Meeting, San Diego, CA, October 2010.
79. **Anzman, S.L.**, Stifter, C.A., Paul, I.M., & Birch, L.L. (2010). The role of infant temperament in a randomized intervention targeting childhood obesity. International Conference on Infant Studies Biennial Meeting, Baltimore, MD, March 2010.
80. **Anzman, S.L.**, Birch, L.L., Paul, I.M., Marini, M.E., Savage, J.S., Beiler, J.S., & Stokes, J.L. (2009). Early breastfeeding predicts maternal perception of infant soothability, subsequent feeding decisions, and infant weight status. The Obesity Society Annual Meeting, Washington, DC, October 2009.
81. Savage, J.S., Birch, L.L., Paul, I.M., Marini, M.E., **Anzman, S.L.**, Stokes, J.L., & Beiler, J.S. (2009). Finish your bottle but don't eat that: Maternal infant feeding practices during the first year of life. The Obesity Society Annual Meeting, Washington, DC, October 2009.
82. **Anzman, S.L.**, & Birch, L.L. (2009). Goodness of fit between child temperament and parent feeding practices predicts weight outcomes in a longitudinal sample of girls. Society for Research in Child Development Biennial Meeting, Denver, CO, April 2009.
83. **Anzman, S.L.**, & Birch, L.L. (2008). Low inhibitory control predicts weight gain and overweight in a longitudinal sample of girls. Hershey Medical Center's Pediatric Research Day, Hershey, PA, April 2008.
84. **Anzman, S.L.**, & Birch, L.L. (2008.) Low inhibitory control predicts weight gain and overweight in a longitudinal sample of girls. College of Health and Human Development Interdepartmental Research Forum, the Pennsylvania State University, University Park, PA, March 2008.

85. **Anzman, S.L., & Birch, L.L.** (2007). Sleep duration: A possible mediator of the relation between screen time and BMI in 13-year-old girls. Pennsylvania State University Graduate Research Exhibition, University Park, PA, March 2007, and Experimental Biology Annual Meeting, Washington, DC, April 2007.